



Shri Sangameshwar Education Society, Solapur
Kannada Linguistic Minority Institute

SANGAMESHWAR COLLEGE, SOLAPUR
AUTONOMOUS

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS
Play Ground 2023-24

Outdoor Facilities:-

	Measurements		
Kabaddi(Men)	13x 10 m	7.00 am to 2.00 pm	Daily
Kabaddi(Women)	12 x 8m		
Volleyball(Men)	18 x 9m		
Volleyball(Women)	18 x 9m	And	
Kho– Kho (Men/Women)	27x 16 m	4.00pm to 6.00 pm	
Cricket Half pitch	13x 25 m		
Basketball Cement Court	28 x 15m		

Indoor Facilities:-

Table Tennis – (02)

Judo

Yoga

Taekwondo

Minor- Chess- 03 Set

Multi Gym-01

Total Area in sq. meter:

Outdoor-20797.55 sq.mt.

4.1.2 The institution has adequate facilities for cultural activities, yoga, sports and games (indoor and outdoor) including gymnasium, yoga center, auditorium etc.

Facilities for sports activities

Indoor Games:

- The college has an independent Sports Ground (measuring 20797.55 sq. mtrs.) with all necessary sports facilities for indoor games such as, 03 Table Tennis units, Taekwondo , etc.
- Multi Press Machine
- Lat Pull Down Double Pulley
- Seated Leg Curl Cum Leg Extensions
- Assisted Chin Up & Dips
- Arms Machine
- 45 Inclined Leg Press-LB
- Dumbbells Rack 3 Tier
- Weight Plate Rack Olympic
- Seated Chest Press
- Motorized Treadmill
- Seated Chest Press Machine
- Seated Calf Machine
- Decline Bench
- Twister Sitting and Standing
- Seated Inclined Press
- Motorized Treadmill
- Weight lifting set, gym ball etc.
- Separate dressing rooms for boys and girls with washrooms.

Outdoor Sports:

- A spacious Ground with 400mtr. Running track.
- 02 Volleyball Court, 02 Kabaddi Ground ,01 Kho-Kho Ground
- Basketball court
- Football, Handball, Baseball, Long Jump Pit, Shot put, Discus /hammer /Javelin throw ground, Hurdles equipment ,single and double bar etc.

Activities Organized:

During the academic year 2023-24, the Department of Physical Education and Sports has organized various activities. On the occasion of International Yoga Day on 21st June 2024, as per UGC guidelines.

Major Dhyanchand's birthday was celebrated on 29th August 2024 as “National Sports Day”.

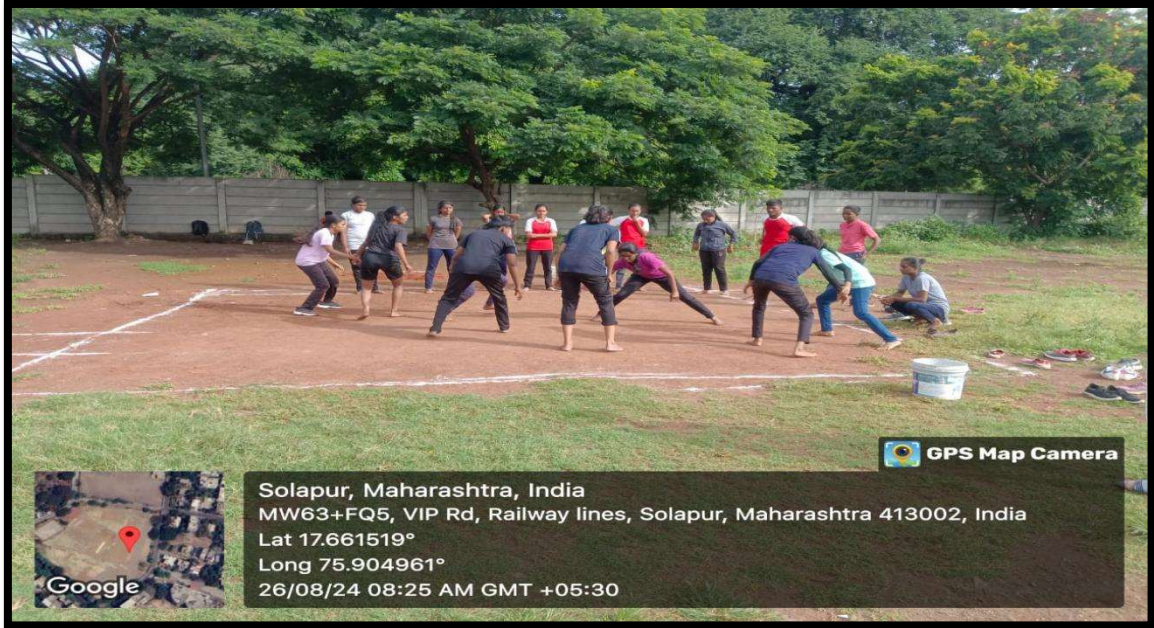
P.A.H Solapur University, Solapur Inter Zone Cricket Competition was organized from 16th Jan 2024 to 31st Jan 2024. 31 teams from various colleges participated in the events. 57 players participated for Selection trails.

Other:

- Organization of special training camps under the guidance of accredited coaches/trainers for different games.
- Provision of procedure and financial assistance in the form of TA, DA, Sports kit and diet.
- Department has organized staff cricket matches in January 2024 to encourage and healthy relationship between staff. .

OUTDOOR

KABADDI GROUND



BASKETBALL COURT



KHO-KHO GROUND-01



VOLLEYBALL GROUND - 01



CRICKET GROUND



INDOOR

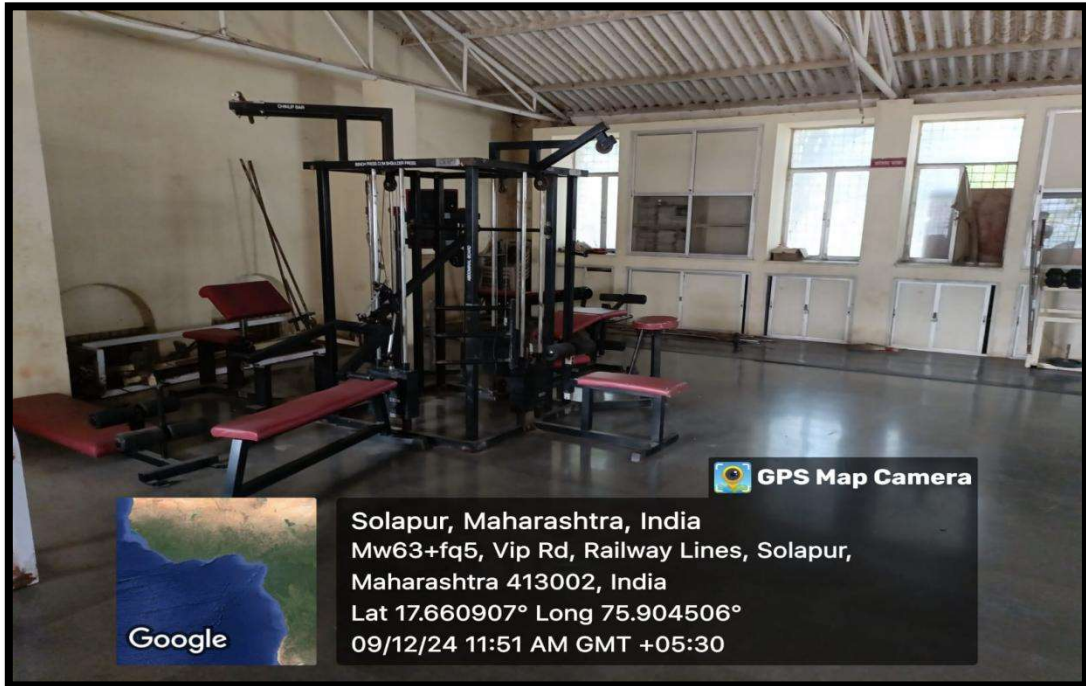
YOGA HALL



TABLE TENNIS



MULTI PURPOSE GYM



DUMBBLES

