

Shri Sangameshwar Education Society's
Sangameshwar College, Solapur [Autonomous]
Faculty of Arts and Humanities

FINAL DRAFT OF
CURRICULUM FOR POST
GRADUATE COURSE CBCS

W.E.F. 2021

Program: M.A.



By
Department of Psychology

Academic Council 3(3.2)
10th August, 2021

M.A.II Psychology (Clinical Psychology)
CBCS w.e.f. 2021

Credit Structure: Spl-Clinical Psychology

Semester	Code	Title of the Paper	Semester Exam			L	T	P	Total Credit
			Theory	IA	Total				
Third									
Subject		Hard Core Compulsory Paper							
HCT	1.1	Foundations of Clinical Psychology	70	30	100	4	1	0	5
HCT	1.2	Psychopathology	70	30	100	4	1	0	5
HCT	1.3	Clinical Assessment & Project	70	30	100			10	5
	DS C	DSC (Discipline Specific Elective) A(Any One) Optional							
SCT	1.1	Health Psychology	70	30	100	4	1	0	5
SCT	1.2	Community Psychology	70	30	100	4	1	0	5
		Generic Elective B (Any One)							
OET	1.1	Psychology For Adjustment, Growth & behavior	70	30	100	4	1	0	5
OET	1.2	Rehabilitation Psychology	70	30	100	4	1	0	5
			350	150	500	20	5	10	25
Fourth									
Subject		Hard Core Compulsory Paper							
HCT	1.1	Clinical Psycho-Diagnostics	70	30	100	4	1	0	5
HCT	1.2	Psychotherapy-System Strategies and Skills	70	30	100	4	1	0	5
HCT	1.3	Clinical Practicum: MSE, Assessment & Case Presentation	70	30	100			10	5
		DSC (Discipline Specific Elective) A (Any One) Optional							
SCT	1.1	Positive Psychology	70	30	100	4	1	0	5
SCT	1.2	Cross Cultural Psychology	70	30	100	4	1	0	5
		Soft Core B (Any One) Optional							
SCT	1.1	Forensic Psychology	70	30	100	4	1	0	5
SCT	1.2	Psychology of Gender and Identity	70	30	100	4	1	0	5
			350	150	500	20	5	10	25
Total (Semester III & Semester IV)			700	300	1000	40	10	20	50



CBCS MA PART II SEMESTER III

Academic Council 3(3.2)
10th August, 2021

HCT 1.1

TITLE OF THE PAPER- Foundations of Clinical Psychology (2154301)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives -

- 1) To provide the students introduction, history and recent development in clinical Psychology.
- 2) To familiarize students with different models of clinical Psychology.

Outcomes:

- 1) To provide the students introduction, history and recent development in clinical Psychology.
- 2) To familiarize students with different models of clinical Psychology.

Module No 1 and Title: Introduction to clinical Psychology

Definitions, characteristics of clinical Psychology.

Approaches to clinical Psychology.

Activities and work settings of Clinical Psychologist.

Distinguishing clinical Psychology from related professions.

Training in clinical Psychology – undergraduate, Graduate and Post-doctoral training.

Ethics and development of clinical Psychologist.

Module No 2 and Title: History and Recent developments in clinical Psychology.

Ancient Roots

Eighteenth and Nineteenth century

The birth of Discipline – 1890-1910

Childhood – World War I through World War II

Adolescence – Post World War II

Adulthood – Milestones and growing pain.

Module No 3 and Title: Psychological Models Clinical Psychology.

The Role of Theoretical Model

Psychoanalysis Model

Interpersonal Model

Humanism Model

Behavioural Model

The Cognitive Model.

Module No 4 and Title: Biological Models in Clinical Psychology.

Development

Key Assumption

Influence of clinical Psychology

Current Status

Future directions of clinical Psychology

Book for Reading :

1) Jeffrey Hecker / Geoffrey Thrope – Introduction to clinical Psychology science practice and ethics

Book for Reference:

1) Allen E. Ivey. Mary Bradford. Jvey, Lynn simekmorgan. “Counselling and Psychotherapy” (1997) Toronto, Allyn and Bacon.

2) Weiner, B (1983) clinical methods in Psychology

John – Wiley and sons.

3) Neizal M.T. Bernstein (1995) : Introduction to clinical Psychology 2nd edn.

4) Wolman B.B. (e.d.) Handbook of clinical Psychology.

5) Poornima Bhatta (2006) Clinical Psychology – Gnosis Publishers of Education Books, Delhi.

CBCS MA PART II SEMESTER III

Academic Council 3(3.2)
10th August, 2021

HCT 1.2

TITLE OF THE PAPER- Psychopathology (2154302)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives:

- 1) To impart students knowledge about Psychological disorders
- 2) To make students understand the types, casual factors preventions and treatments of various Psychopathological disorders.

Outcomes

- 1) To impart students knowledge about Psychological disorders
- 2) To make students understand the types, casual factors preventions and treatments of various Psychopathological disorders.

Module No 1 and Title: Adjustment, Panic, anxiety disorders.

Adjustment disorder

Post – traumatic stress-disorder a) Symptoms, b) Types – Truma of rape, Threat to personal safety and security, c) Casual factors d) Prevention and Treatment.

Phobias a) Specific Phobia b) Social Phobia c) Agrophobia – casual factors and Treatment.

Generalized anxiety disorder – General Characteristics, casual factors and treatments

Obsessive – compulsive disorder – Characteristics casual factor and Treatment

Module No 2 and Title: Mood, Suicide, Somatoform and dissociative disorder

Mood disorders –

- a) Unipolar mood disorder – Types casual factors
- b) Bipolar disorder – Types casual factors.
- c) Treatment and outcomes.

Suicide

Somatoform disorders – Hypochondriassis, conversion, BDD.

Dissociative disorders – Depersonalized, Dissociative Amnesia and fugue. DID casual factors of DD
Treatment and outcomes of DD

Module No 3 and Title: Personality, Addictions, sexual abuse and sexual dysfunctions disorders.

Categories of personality disorders.

Treatment and outcomes at Personality disorder.

Alcohol abuse and Dependences – Clinical picture, casual factors, Treatments.

Sexual variants – Theparaphilis, Gender identity disorders.

Sexual Abuse – Childhood sexual abuse, Pedophilia, Incest, Rape.

Sexual dysfunctions – Dysfunctions of sexual desire. Dysfunctions of sexual arousal, organism disorder, Dysfunctions involving sexual pain

Module No 4 and Title: Schizophrenia, cognitive and childhood disorder

Schizophrenia - Clinical picture, Subtypes, causes Treatment and clinical outcomes

Delirium,

Dementia Amnesic syndrome, TBI

Common disorders in childhood – ADHD, ODDCD, Autism

Learning disabilities and Mental retardation.

Book For Reading:

- 1) Carson, Butcher, Mineka Hooley (2008) Abnormal Psychology – 13th Ed Pearson Education.
- 2) R. Halgin and S.K. White bourne (2010) Abnormal Psychology – clinical perspectives on Psychological disorder 6th Ed Tata McGrow Hill Ed 2010.

Book For References:

- 1) Davison, Gereld C & Neale John M. (1970) ‘ Abnormal Psychology.’ Second edition.
- 2) Barlow and Durand (2007) – Abnormal Psychology An integrative approach – Wadsworth Thomson- 1st Indian Print 2007.
- 3) International statistical classification of diseases and related health problems tent Revision (ICD-10) World Health Organization General.
- 4) Diagnostic and StatistialMannual of Mental Disorders (DSM-IV-TR) Jaypal Brothers Medical Publishers (P) Ltd. New Delhi.
- 5) Coleman, James C. (1976): Abnormal Psychology & Modern Life, 5th edition, D.B. Taraporvala, Sons & C

BCS MA PART II SEMESTER III

Academic Council 3(3.2)
10th August, 2021

HCT 1.3

TITLE OF THE PAPER- Clinical Assessment & Project (2154303)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives:

1. To sensitize the students about the clinical assessment in laboratory setting. and intervention.
2. To impart the skill of writing a research report as per the guidelines of APA.

Outcomes:

1. To understand the need of clinical assessment as diagnostic tools in laboratory research to develop new intervene
2. To able write a research report as per the guidelines of APA.

A) Clinical assessment: 50 Marks

Administration & Interpretation of any five Psychological test from following groups and submit in duplicate for per usual.

Groups:

1. Intelligence Testing, Assessment of cognitive and neuropsychological functions:
 - a) Developmental Screening Test (DST), Vineland Social Maturity Scale(VSMS)
 - b) Raven's Progressive Matrices (RPM) (Standard Progressive Matrices(SPM) and Advanced Progressive Matrices (APM))
 - c) Binet Kamat Test of Intelligence (BKT), Wechsler Adult Intelligence Scale(WAIS), Wechsler Intelligence Scale for Children (WISC)
 - d) Bender Gestalt Test (BGT), PGI- Battery of Brain Dysfunction (PGI-BBD)
2. Assessment of personality and diagnostic indicators of different psychiatric disorders:
 - a) Childhood Autism Rating Scale (CARS), Indian Scale for Assessment of Autism (ISAA), Development Psychopathology Checklist (DPCL)
 - b) Eysenck Personality Questionnaire (EPQ), Neo-Five Factor Inventory (NFFI), Minnesota Multiphasic Personality Inventory (MMPI), Millon's Clinical Multi-Axial Inventory (MCMI), Draw a Person Test (DAP)
 - c) Rorschach Test, Thematic Apperception Test (TAT), Children Apperception Test (CAT)
 - d) Assessment of Depression, Anxiety and Aggression

CA Exam: 15 Marks

Evaluation of Research Article

Students shall critically evaluate one research article published in journal or students shall critically evaluate literature in creative writing like novel, story, book, poem and film. The article from journals & reviews it with emphasis on methodology, purpose, plan, variables, sampling, procedures, instruments used & constructed statistical analysis. For literary work students try to find out Psychological Substances in it like moods, emotions, anxieties, conflicts, stress, disorder and Submit in duplicate neatly typed on bond paper.

SES Exam: 35 Marks

Psychological Assessment Report: 15 Marks

R.W. on administration of test: 10 Marks

Viva-Voce 10 Marks

B) Projects 50 marks

Psychology department/MA Centers will select a broad topic at the beginning of the third semester, reflecting degree of relevance and rigor suitable to a post graduate programme, along with an indicative reading list.

The student will submit a list of his/her three most preferred topics in the order of preference by the first week of the third semester to the Head of the department.

These will be screened by the Department in the subject and a final list of approved topics along with a reading list will be displayed in the second week of the third semester.

In-charge post graduate teachers in the Department will be guides for the project component.

The student will make a preliminary presentation in or before the fifth week of the third semester. The presentation will be attended by the guide/s and a committee consisting of one other teachers from the department. The committee will make necessary suggestions to improve the dissertation.

DISSERTATION SUBMISSION

The student will submit a bound hard copy of the dissertation to the Department by the end of the third semester, along with a soft copy.

The final dissertation will have a word limit of 8000-10000 words and will be typed in one and a half spacing on one side of the paper. The APA style shall be followed for the writing of dissertation.

The final dissertation will be evaluated out of 35 marks by the guide.

THE DISSERTATION FORMAT:

Title Page

Abstract

- 1) Introduction (Contains)
- 2) Review of literature review, concluded with Objectives and Hypothesis)
- 3) Methodology: (Includes Aims Variables Objectives Hypothesis Design Tools Sample Data Collection & Statistical Analysis; etc.)
- 4) Interpretation Results
- 5) Discussion
- 6) Conclusion Limitations Suggestions and Implications References

Appendix

CA Exam: 15 Marks

Submission of Proposal and Presentation to Project Committee. The marks have distributed in following three components:

- i) 5 marks for the quality of presentation
- ii) 5 marks for answers to questions,
- iii) 5 marks for submission of research proposal

SES Exam: 35 Marks

Evaluation of Project by Guide. and one external member

- committee. 1) Selection of The Topic 5Marks
- 2) Methodology 10 Marks
- 3) Result Discussion & Conclusion 10Marks
- 4) Presentation & Viva-voce – 10 marks

The marks given by the two members of the evaluation committee will be averaged in each head and the total marks decided by totaling the averages under the four heads.

CBCS MA PART II SEMESTER III

**Academic Council 3(3.2)
10th August, 2021**

SCT 1.1

TITLE OF THE PAPER- Health Psychology (2154304)

MODULE CREDIT 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives

- 1) To acquaints the students with relation between Psychology and health.
- 2) To acquaints the students with various problems and preventions and controls of health problems.

Outcomes

- 1) To acquaints the students with relation between Psychology and health.
- 2) To acquaints the students with various problems and preventions and controls of health problems.

Module No 1 and Title: Psychology and Health.

What is Health

History – Psychology, Disease, process and the mind.

Psychology's Role in Health- Problems in Health care system. The person in Health and illness. How the role of Psychology emerged Progress in Health Psychology goals

Current perspectives on Health and Illness

-The Biopsychosocial, Life span and Gender.

Relating Health Psychology to other science field, careers and training in health Psychology.

Module No 2 and Title: Stress, Illness and coping.

What is stress – Dimensions of stress.

Bio-Psychosocial aspects of stress

Sources of stress-The person, family community and Society.

Measuring Stress-Physiological arousal, Life events, daily Hassles, Chronic Stressor in specific domain

Psychosocial Modifiers-Social support the sense of control, personality as Resilience and Vulnerable, type A behavior.

How stress affect Health-Psychophysiological, cardiovascular disorder and stress and cancer

Coping -Coping with stress, Reducing potentials for stress, stress management

Module No 3 and Title: Life styles and Preventions, Pains management and control.

Health and behaviour, Determinants of peoples Health behavior factors in Health, Programs for health.

Substance use and abuse-smoking tobacco, alcohol use and abuse, Reducing substance use and abuse

Nutrition. Weight control and diet, Exercise safety.

Pain – Theories, Biopsychosocial Aspects of pain, Assessing people’s pain.

Meaning and controlling pain-Medical treatment, Behavioral and cognitive methods, Hypnosis and interpersonal therapy.

Module No 4 and Title: Chronic Health problems and managements and coping.

Different chronic conditions.

psychosocial interventions with chronic conditions

Heart disease - Risk of heart disease, Medical treatment Rehabilitation, Psychosocial impact, Psychosocial intervention.

Cancer – Prevalence and types, sites, effect and causes. Diagnosing and treating cancer, Psychosocial impact and Psychosocial interventions.

AIDS - Risk factors, Effect and Treatment, Psychosocial impact, Psychosocial interventions.

Books For Reading:

1) Edward, P. Sarafino and Timothy W. Smith – (2012) Health Psychology – Biopsychosocial interaction. 7th Ed Wiley India Edition 2012.

Books For Reference:

- 1) Adler and stone – Health Psychology – Handbook – San Francisco – Jossey Bass
- 2) Abrahmic and Mitchler’s (2005) Health Psychology,
- 3) Burish T/Meyerwitz (1987) – handbook of Psychology and Health. New York.
- 4) Taylor, S. E. (1991), Health Psychology. N.Y. McGraw Hill.
- 5) Pitts, M., Phillis, K. (2003) The Psychology of Health. An Introduction E, Lib Taylor and Fransis.
- 6) Hamilton – West, K. (2010), Psychobiological processes in Health and Illness” Sage Publication.
- 7) Marks D.F. (2010) Health Psychology: Theory, Research & Practices (3rd Ed.) Sage Publication

CBCS MA PART II SEMESTER III

Academic Council 3(3.2)
10th August, 2021

SCT 1.2

TITLE OF THE PAPER- **Community Psychology**

MODULE CREDIT 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives:

1. To impart students' knowledge about Community Psychology.
2. To understand to students background of Community Psychology.
3. To impart students' knowledge about understanding inequality and its effects on health.
4. To impart knowledge about community psychology actions.

Outcomes:

1. To impart knowledge about Community Psychology.
2. To understand background of Community Psychology.
3. To impart understanding inequality and its effects on health.
4. To impart about community psychology actions.

Module No 1 and Title: The Background To Community Psychology

Challenging Psychology Over its Neglect of the Social

- A) The individualism of psychology
- B) The new public health psychology
- C) Critical psychology

Community Psychology's Core Values:

- A) Empowerment,
- B) Liberation
- C) Social Justice

Module No 2 and Title: Understanding Inequality And Its Effects On Health

Social Position and Inequalities in Health

- A) Social class': complexities and controversies
- B) Inequality of income distribution
- C) Psychosocial versus material explanations

Place and its Influence on Health and Well-being

Concepts for Understanding Inequalities by Position and Place

- A) Social capital
- B) Sense of community

Module No 3 and Title: The Experience Of Disempowerment

Disempowerment:

- A) War,
- B) Immigration,
- C) Unemployment

Groups of people adjusting to a new country

Disempowered Because of Income, Gender, or Sexual Orientation

- A) The poor and socially excluded
- B) Women
- C) Lesbian, gay, bisexual and transgendered people

Module No 4 and Title: Community Psychology Action: From Support To Liberation

Strengthening Social Support for Members of Disempowered Groups

- A) Social support for young people
- B) Social support interventions for women
- C) Support for those with illness or disability or for their families

Social Action and Innovation

- A) Moving to collective social action

B) Experimental social innovation and dissemination (ESID)

Participation and Liberation

- A) Participation in local action
- B) Drawing on a diversity of world views
- C) Towards liberation for the poor and oppressed

Books For Reading:

- 1, Jim. (2008). *Community Psychology: Challenges, Controversies and Emerging Consensus*. Chippenham, Wiltshire Great Britain by Antony Rowe Ltd.
2. Stephanie M. Reich, Manuel Riemer, Isaac Prilleltensky, & Maritza Montero. (2001). *International Community Psychology History and Theories*. New York. Springer Science+Business Media, LLC, Spring Street.

Books For Reference

- 1 Campbell, C. (1999). *Social Capital and Health*. London: Health Education Authority.
2. Coleman, J. (1990). *The Foundation of Social Theory*, Cambridge, UK: Belknap (cited by Oakes and Rossi, 20).
3. Hobfoll, S.E. (1998). *Stress, Culture, and Community: the Psychology and Philosophy of Stress*.
- 4 Keupp, H. & Stark, W. (2000). Germany. In J. Rappaport & E. Seidman (eds), *Handbook of Community Psychology* (p. 798). New York: Kluwer/Plenum.
5. Levine, M., Perkins, D.D. & Perkins, D.V. (2005). *Principles of Community Psychology: Perspectives and Applications* (3rd edition). Oxford: Oxford University Press.
6. Lewin, K. (1951). *Field Theory in Social Science*. New York: Harper.
7. Masson, J. (1989). *Against Therapy*. London: Harper Collins. New York: Plenum.
8. Offord, J. (1992). *Community Psychology: Theory and Practice*, Chichester, UK: John Wiley & Son.

CBCS MA PART II SEMESTER III

**Academic Council 3(3.2)
10th August, 2021**

OET 1.1

TITLE OF THE PAPER- Psychology for Adjustment, Growth & Behavior (2154306)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives:

- 1) To acquaint knowledge of psychology in every day adjustment
- 2) To understand Psychological insight about the adjustment growth and behavior

Outcomes:

- 1) To able understand knowledge about adjustment continue learning and growing their own behaviour
- 2) To critically evaluate Psychological insight about the adjustment growth and behavior

Module No 1 and Title: Self Direction in changing world

Social Change

The Challenges of Self Direction

Themes of Personal Growth

Module No 2 and Title: Seeking Selfhood

What is self-concept

The component of self

Core Characteristics of Self Concept

The self-concept and personal growth

Module No 3 and Title: Managing Motives and Emotions & Sexuality

Understandings motivations

Understandings Emotions

Sexuality and Shared Partnership

Sexual Orientation.

Module No 4 and Title: Making, Keeping Friends and Love

Meeting People

Keeping Friends

Hard to make friends

Definition & Findings Love

Books For Readings

- 1) Steve J Kirsh, Karn Grover Duffy Estwood Atwater (11th Edition) Psychology for Living Adjustment Growth and Behavior Today, Pearson
- 2) Weiten and Lloyd (2007) "Psychology Applied to Modern Life" Thomson - Wadsworth, Indian Edition.

Books For Reference

- 2) Anastasi Anne (1976) "Field of Applied Psychology" 2nd Edition. McGraw-Hill book Company New York.
- 3) Palasane M. N, Naware Savita (Ed) (1993) "Upyojit Manasshastra, "Wiely Extern Ltd. Publishers, Delhi
- 4) Patil Angha & Rajhans Manasi (1998) Jivanopyogi Manasshastra. Unmesh Prakashan, Pune
- 5) Tadasare & Tamke (2004) "Upyojit Manasshastra" Phadke Prakashan, Kolhapur.
- 6) Pandit, Kulkarni & Gore (2000) "Upyojit Manasshastra" Pimplapune and com.
- 7) Sontakke, Bhosale & Kulkarni (2008), "Upjojit Manasshastra" Aksharlene Prakashan Solapur.
- 8) Sontakke, Jadhav, Bhosale, Kulkarni, (2014) "Adhunik Upyogit Manasshastra" Sunrise Publication Solapur
- 9) Sontakke, Jadhav, Bhosale, Kulkarni, (2015) "Adhunik Upyogit Manasshastra" Sunrise Publication Solapur

CBCS MA PART II SEMESTER III

Academic Council 3(3.2)
10th August, 2021

OET 1.2

TITLE OF THE PAPER- **Rehabilitation Psychology**

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS: 60

Objectives:

1. To help the students develop understanding of theoretical understanding of the community based rehabilitation.
2. To impart knowledge about applications of community based rehabilitation with different population.
3. To make students aware about the current changes in the field of rehabilitation.

Outcomes:

1. To learn theoretical understanding of the community based rehabilitation.
2. To use knowledge about applications of community based rehabilitation with different population.
3. To aware about the current changes in the field of rehabilitation.

Module No and Title:1 Introduction To Disability And Rehabilitation

1.1 What Is Community-Based Clinical Practice? Traditions and Transformations

Exploring the assumptions underpinning rehabilitation
Normality and the classification of difference
Theoretical models of disability

Module No and Title:2 Explorations Of Challenges In Rehabilitation

Disability, rehabilitation and liminality
Rehabilitation fundamentals
Client-centered philosophy: exploring privilege and power
Contesting assumptions; challenging practice

Module No and Title:3 Community Based Rehabilitation With Children

Family of Friends: Creating a Supportive Day Care Community to Prevent Child Abuse and Neglect
Children and HIV: A Model of Home-Based Mental Health Treatment
School-Based Clinical Practice and School Reform: Application of Clinical Social Work to the School Development Program
Working with High-Risk Children and Families in Their Own Homes: An Integrative Approach to the Treatment of Vulnerable Children

Module No and Title:4 Community Based Rehabilitation With Adult

Recovery Guides: An Emerging Model of Community-Based Care for Adults with Psychiatric Disabilities
Open Dialogue Integrates Individual and Systemic Approaches in Serious Psychiatric Crises
Police–Mental Health Collaboration on Behalf of Children Exposed to Violence: The Child Development–Community Policing Program Model
The Neighborhood Place: An Alternative Mental Health Program

Books For Readings:

- 1) Hammell. K. W. (1998). Perspective on Disability and rehabilitation: Contesting Assumptions, Challenging Practices New York: Elsevier Limited.
- 2) Lightburn. A., Sessions P. (2006). Handbook of Community Based Clinical Practice. Oxford University Press. New York
- 3) R. G. Frank & T. R. Elliott (Eds.), Handbook of Rehabilitation Psychology. Washington, D.C.: American Psychological Association
- 5) Murphy John W. (2014), Community-Based Interventions Philosophy and Action, Springer New York Heidelberg Dordrecht London

Books For References:

- 1) Rohe, D. E. (1998). Psychological aspects of rehabilitation.
- 2) Singh, R., Yadava, A. & Sharma, N. R. (Eds) (2005). Health Psychology. New Delhi: Global Vision Publishing House.
- 3) Goreczny, A. J. (Ed) (1995). Handbook of Health and Rehabilitation Psychology. New York: Plenum Press.
- 4) Snyder, C. R. (1999). Coping: The Psychology of What Works. London: Oxford Press
- 5) Ph.D. Orto Arthur E. Dell, Paul W. Power (2007), The Psychological and Social Impact of Illness and Disability: 5th Edition Springer Series on Rehabilitation

CBCS MA PART II SEMESTER IV

Academic Council 3(3.2)
10th August, 2021

HCT 1.1

TITLE OF THE PAPER- Clinical Psycho-Diagnostics (2154401)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives:

- 1) To acquaint the students for Psychodiagnosis and Psychological assessment.
- 2) To impart knowledge and skills required for psychological assessment diagnostic testing.

Outcomes:

- 1) To acquaint the students for Psychodiagnosis and Psychological assessment.
- 2) To impart knowledge and skills required for psychological assessment diagnostic testing.

Module No 1 and Title: Assessment and classifications and Treatment.

What is Psychological assessment?

The diagnostic and statistical manual of mental disorder

1.3. |Diagnostic process

Treatment planning

Treatment implementation.

Guidelines for Human Assessment.

Module No 2 and Title: Clinical Interview

Types of clinical interview

Importance of Rapport

Classification Strategies

Diagnostic Interview

Structured of Interview

Interview with Children.

Mental status examination.

Module No 3 and Title: Intellectual, Educational and Neuropsychological Assessment.

Measurement of intelligence

Interpretation of individually administered test of intelligence.

Screening Measures

Educational Assessments

Neuropsychological assessment

- A) Comprehensive Batteries of Neuropsychological assessment
- B) Individualized Neuropsychological assessment

Module No 4 and Title: Personality and Behavioural Assessment

Projective Methods – Rorschach, Thematic Apperception Test Projective Drawing.

Objective Methods – MMPI/MMPI2/MMPIA, The millan Scale, NEO- Personality inventory.

Traditional approaches to behavioral assessment

Defining futures of behavioural assessment

Functional analysis

Behavioural assessment methods

Assessment of dysfunctional cognition.

Books For Reading

- 1) Hecker/ Thorpe –Introduction to clinical Psychology science, Practice and ethics parson Education-

Books For Reference

- 1) Davison, Gereld C & Neale John M. (1970) ‘ Abnormal Psychology.’ Second edition.

- 2) Barlow and Durand (2007) – Abnormal Psychology An integrative approach – Wadsworth Thomson- 1st Indian Print 2007.
- 3) International statistical classification of diseases and related health problems tenth Revision (ICD-10) World Health Organization General.
- 4) Diagnostic and Statistical Manual of Mental Disorders (DSM-IV-TR) Jaypal Brothers Medical Publishers (P) Ltd. New
- 6) Kisker George W. (1972): The Disorganized personality's second Edition, McGraw-Hill.
- 7) Weiner B. (1983) 'Clinical methods in Psychology' N. Y. John – Wiley and sons.
- 8) Lezak. M.D. (1995): 'Neuropsychological assessment' N. Y. Oxford University, Press
- 9) Killerman, Hand Burry. A (1981): 'Handbook of diagnostic testing: Personality Analysis and Report Writing.' N. Y. Grune&Str

CBCS MA PART II SEMESTER IV

Academic Council 3(3.2)
10th August, 2021

HCT 1.2

TITLE OF THE PAPER- Psychotherapy-System Strategies and Skills (2154402)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 60

Objectives:

- 1) To Understand to students different therapeutic process of psychotherapy.
- 2) To help student developed balanced views about various therapeutic techniques.

Outcomes:

- 1) To Understand to students different therapeutic process of psychotherapy.
- 2) To help student developed balanced views about various therapeutic techniques.

Module No 1 and Title:: Background Focused Treatment System

Signmundfreuid and classical psychoanalysis
Alfred and & Individual Psychology
Carl Jung and analytical psychology

Module No 2 and Title: Emotion Focus Treatment System

Carl Rogers and Person Centered Counseling
Existential Therapy
Gestalt Psychology

Module No 3 and Title: Thought & Action Focused Treatment System

Albert Ellis and REBT
Aron Beck and Cognitive Therapy
Behavior Therapy & CBT

Module No 4 and Title: Other Treatment System

Family System
Multimodal Therapy
Trans Theoretical Model: Hill's Three Stage Integrated Model, Common factor model

Books For Readings

- 1) Linda Seligman and Lourie W Rechenberg Theories of Counseling and Psychotherapy
- 2) Richard Nelson-Jones (2012 5th Edition)- Theory and practice – Counselling and Therapy, SAGE publication India Pvt. Ltd.(south Asia Edition 2012)

Books For Reference

- 2) Gerald corey (2012) - Counselling and Psychotherapy – theory and practice – Indian Edition, Third Indian Reprint 2012 cengage learning.
- 1) Allen E Ivey, Mary Ivey, Lynn – Morgan – Counselling and Psychotherapy – A Multicultural perspective –the Ed 4LLyn.
- 2) Robert Gibson and Marianne H. Mitchell – Introduction to Counselling and Guidance.Sixth Ed. Pearson Ed. 2006.
- 3) Corey, G. (2006) ‘ The Art of Integrative Counselling\ California: Books.
- 6) Gilliland B. Lichard, J. Bowmna, J. Theon’es& strategies in Counselling and Psychotherapy 2nd Ed. Ed. Allyn and Bacon Publishers.
- 7) Flangan J.S., Flagman R.S. (2004) Counselling and Psychotherapy theories in context and Practice. New Jersey: John Wiley and sons.
- 8)Shart R. S. (2000) Theories of Psychotherapy and Counselling – Singapur Books cole.

CBCS MA PART II SEMESTER IV

Academic Council 3(3.2)
10th August, 2021

HCT 1.3

TITLE OF THE PAPER- CLINICAL PRACTICUM: MSE, ASSESSMENT AND CASE PRESENTATION (2154403)

MODULE CREDIT: 0.4L+0.1T=05

NO. OF CONTACT HOURS 120

Objectives:

1. To familiarize students with hands on work in the field of clinical psychology
2. To acquaint students with knowledge and skills required for Case History and Mental

Outcomes:

- 1) To explain and apply use the skills and competencies required to work in Clinical Psychology settings.
- 2) To take Case History and Mental Status Examination of the Client with Psychological Disorders.
- 3) To administer, score and write a report based on standardized diagnostic tests for psychodiagnostics perspective while answering referral question
- 4) To do come up with differential diagnosis and provisional diagnosis and they can able to communicate the same to the client and their relatives
- 5) To plan and implement a treatment under supervision and write the report of the session for monitoring the progress. Mental Status Examination and Assessment

a) Practicum of MSE: Assessment, Diagnosis in Clinical

Settings Module No 1 and Title: Interview in Clinical Settings

1.1. Case History taking

Behavioral observation

Mental status examination and MMSE

Syntheses of information from different sources

Module No 2 and Title: Identification of Psychopathological Conditions

Schizophrenia Spectrum & Other Psychotic disorders

Mood disorders - Bipolar & Related, Depressive Disorder

Anxiety Disorders, OCD & related disorders

Trauma & Stress Related Disorders

Somatic symptom and related disorder

Neurocognitive disorders, Neurodevelopmental Disorders and Personality Disorders

Sexual Dysfunctions, Paraphilic Disorders, Gender Dysphoria

Module No 3 and Title: Test Administration in Clinical Settings

Ability assessment: Clinical profiling based on WISC, WAPIS, and MISIC

Personality assessment: MMPI, MCMI, Rorschach, TAT

Neuropsychological assessment: BGT and BGT- II, NIMHANS battery

Scale and questionnaire administration, choice of tools- HARS, HDRS, SCL 90, BDI, CARS, CBCL

Module No 4 and Title: Integration of Findings And Helping Behavior

Test profile generation and integration, Integration with observation and interview findings

Differential diagnosis and diagnosis: DSM and ICD, combining tests, MSE, and Interview findings, Communication of diagnosis to patients and family members, suggested management plan.

Prognosis

Contracting of therapy sessions.

Writing session report of each case: Planning intervention, process and Termination

b) Case presentations

Case presentations are based on a visit in duration of semester 4 at a center approved by the Departmental. At the end of the visit, the students should produce a certified record of the work done during the period, duly signed by the officer in charge of the institution where the visits (internship) are done. Each student should visit to hospital, school, old age, homes, clinics, NGO's Mental Hospitals, Psychiatric departments to foster insight into working its setting.

In the case of Clinical setting, a minimum of 5 worked out cases should be produced, a detailed report.

It is a part of practicum; Each student is necessary to take participation in field visit or Study Tour in relevant settings. Each Student take down the notes & submit a report in duplicate for CA Examination.

Internal Exam CA: 30 Marks

Case Presentation – 10 Marks

Study Tour - 10 Marks

Tutorial on Practicum of MSE: Assessment, Diagnosis in Clinical Settings – 10 Marks (The Student should submit Hard and Soft Copy for Continuous assessment)

SES Exam: 70 Marks

Case Report 25 Marks

R.W. on administration of test & solution of one Hypothetical case 25 Marks Viva – Voce
20 Marks

Books For Readings:

- 1 .Anastasi, A. (1 988).Psychological Testing.6th ed. NY. Macmillan.
2. Atkinson, R. (1 998). The Life Story Interview. Sage.
3. Bellak, L. (1 986). The TAT, CAT and SAT in Clinical Use. 4th Edition. NY. Grune& Stratton.
4. Cassy, P. and Kelly, B. (2015). Fish's Clinical Psychopathology, 3rd Edition. RC Psych Publications.
5. Exner, J.E. (1 982). The Rorschach: A Comprehensive System. Wiley
6. Exner, J.E. (1 983). Rorschach Assessment.Wiley& Sons.
7. Eysenck, H.J. (ed.). (1 960).Experiments in Personality, Psychodiagnostics and Psychodynamics.Kegan Paul.
8. Goodenough, F. (1 926). Measurement of Intelligence by Drawings. NY. World Book.
9. Grath- Marnat, G. (1 990).Handbook of Psychological Assessment.2nd ed. NY.Wiley.
- 1 0.Hamilton, M. (1 976).Fish's Clinical Psychopathology. Year Book Medical Publishers, Incorporated.
- 1 1 .Hersen, M. & Thomas, J.C. (ed.) (2007).Handbook of Clinical Interviewing with Children .Sage.
- 1 2.Holt, R.R. (1 978).Methods in Clinical Psychology .Plenum Press.
- 1 3. Kevin, W. (1 994). Neuropsychology: A Clinical Approach. Churchill Livingstone.
- 4.Lezak, M.D. (1 983).Neuropsychological Assessment. NY. Oxford Univ. Press. 1 5.Mishra, R. et al. (1 996). Rorschach Test. Sage.

6. Murray, H.A. (1 971). The Thematic Apperception Test Manual. NY. Harvard Univ. Press.
- 1 7.Rapaport, D., Gill, M. & Schaffer, (1 970).Diagnostic Psychological Testing.London Univ. of London Press.
- 1 8.Sadock, B.J. &Sadock, V.A. (2000), Kaplan and Sadock's Comprehensive Textbook of

Psychiatry. Williams & Wilkins.

19. Strub, R.L. and Black, L.W. (2003). The Mental Status Examination in Neurology, 4th edition. F.A. Davis Company

Books For References:

1. Hersen, M. (2004). Comprehensive Handbook of Psychological Assessment: Intellectual and neuropsychological assessment (Vol. 1); Personality assessment (Vol. 2); Behavioral assessment (Vol. 3). NY: Wiley.
2. Goldstein, L.H. & McNeil, J.E. (2013). Clinical Neuropsychology: A Practical Guide to Assessment & Management for Clinicians (2nd Ed). UK: Wiley-Blackwell.
3. Flanagan J.S. and Flanagan, R.S. (2012). Clinical interviewing (4th Ed.) New Jersey: John Wiley and Co.
4. Flanagan J.S. and Flanagan, R.S. (2012). Counseling & Psychotherapy Theories in Context & Practice (2nd Ed.) New Jersey: John Wiley and Co.
5. Fontes, L. A. (2008). Interviewing clients across cultures: A practitioners' guide. NY: The Guilford Press.
6. Lezak, M., Howieson, D.B., Bigler, E. & Trandl, D. (2012). Neuropsychological assessment (5th ed.). London: OUP.

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SCT 1.1

TITLE OF THE PAPER- Positive Psychology (2154404)

MODULE CREDIT; 0.4L+0.1T=05

NO. OF CONTACT HOURS: 60

Objectives:

1. To acquaint the students with nature, perspectives, classification and measures of human strength in positive psychology.
2. To understand students the importance of positive emotional states, cognitive state and comprehension of human behavior.

Outcomes:

1. To understand nature, perspectives, classification and measures of human strength in positive psychology.
2. To know importance of positive emotional states, cognitive state and comprehension of human behavior.

Module No 1 and Title: Perspectives of Positive Psychology.

A) Positive Psychology - Assumptions, Goals and definition.

B) Welcome to Positive Psychology- Going from Negative to Positive, Positive Psychology seeks a Balanced, more complete human functioning, where we are now and what we will ask.

Western Perspectives - Greek, Mythology, History of Hope in Western civilizations. The Pre-renaissance, Period, The Renaissance period: The Enlightenment, Industrial revolution

Eastern Perspectives - Confucianism, Taoism, Buddhism, Hinduism

Classifications and Measures of Human Strength – Ctallup’s Clifton strength finder, VIA Classifications of Strength, the search Institutes 40 developmental assets, Dimensions of Well-being.

Module No 2 and Title: Positive Emotional States and Process.

Positive Affect and Emotions - Definitions of emotional term, Distinguishing positive and Negative, Positive emotions – expanding pleasure.

Happiness and subjective Well-being – Age old definition, determinants of 21st century definition, complete mental Health, Increasing Happiness in life

Emotional Experience - Emotional -Focused coping, Emotional Intelligence Socio-emotional selectivity, emotional story-telling, Emotion to Bring out positive changes

Resilience - What is Resistance, Resilience in childhood, Resources positive youth development.

Module No 3 and Title: Positive Cognitive states and Pro-social Behaviour

Self efficacy - Definitions Childhood, Antecedents, Neurology, Measures, Influence, collective self efficacy.

Hope - Definition, Childhood Antecedents, Neurology, measures, predicts, collective Hope.

Altruism - Definition, Egotism motive, forms of Egotism, motivated, Altruism, Empathy motive and empathy – Altruism hypothesis Genetic and Neural foundations, Cultivating Altruism.

Gratitude - Definitions, cultivating, measures. Psychophysiological underpinning. Gratitude makes house cali.

Forgiveness - Definition, cultivating, Measures, Evolutionary and Neurobiology base.

Societal Implication of Altruism Gratitude and Forgiveness.

Module No 4 and Title: Understanding and changing behaviour

Mental health and behavior - Balanced conceptualization. Fascination with abnormal behavior Neglect the environment and of the positive – The four fornt approach. Normalizing negative to positive behavior.

Flourishing relationship - Building mindful relationship connections, capitalizing on positive events. Neurobiology of interpersonal connection More flourishing relationship.

Preventions - a) Primary Preventions – Definition, components, primary preventions for ethics group, children, elderly. b) Secondary preventions, Definition, Components, secondary preventions for adults, ethnic group, minorities, children and elderly.

Enhancement- a) Primary Enhancement : Psychological health, primary enhancement

– Physical Health b) Secondary enhancement –Psychological health, secondary enhancement- physical health.

Books For Reading:

- 1) Snyder C. R. and Lopez S. J. (2008) Positive Psychology – The scientific and practical explorations of Human strength, New Delhi. Sage Publication.
- 2) Baum garderSteave and Crothers Marie (2009) –Positive Psychology- during kind erseley (Indian) Pvt. Ltd. Pearson Education South Asia.

Books For References:

- 1) Seligman Martin A.P. (2007) Authentic Happiness – London Nicholas Brealer Publishing
- 2) Drifte, C. (2008) Encouraging Positive Behavior in the early years. Sage Publications.

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SCT 1.2

TITLE OF THE PAPER- **Cross Cultural Psychology**

MODULE CREDIT; 0.4L+0.1T=05

NO. OF CONTACT HOURS: 60

Objectives:

1. To impart students' knowledge about cross-cultural psychology.
2. To impart students' knowledge about different research methods of cross-cultural psychology.
3. To understand to students process of human developments and socialization
4. To understand to students process of Social Perception, Social Cognition

Outcomes:

1. To adequate knowledge about cross-cultural psychology.
2. To know about different research methods of cross-cultural psychology.
3. To process of human developments and socialization
4. To know process of Social Perception, Social Cognition

Module No 1 and Title: Understanding Cross-Cultural Psychology

Concept and Meaning: Cross-Cultural Psychology

Basic Definition Culture, Society, Race and Ethnicity

Approaches in Cross-Cultural Psychology: Evolutionary Approach, Sociological Approach, Eco-Cultural Approach

The Cultural Mixtures Approach: A New Cross- Cultural Psychology min the Twenty- first Century?

Module No 2 and Title: Methodology of Cross- Cultural Research

Goal of Cross –Cultural Research

Quantitative and Qualitative Research in Cross- Cultural Psychology

Major Steps for Preparation of a Cross- Cultural Study And Sample Selection 2.4Methods in Cross-Cultural Psychology: Observation, Experimental, Survey Methods

Module No 3 and Title: Human Developments and Socialization

Basic Concepts: Development and Socialization, Norms, Customs, Child Care, Parental Values and Expectation,

Erikson's Stages of Psychosocial Development

Piaget' Stages of Cognitive Development, Kohlberg's Stages of Moral Development

Developmental Stages: Life before Birth: Prenatal Period, First Steps: Infancy, Childhood, Adolescence, Adulthood, Late Adulthood

Module No 4 and Title: Social Perception, Social Cognition

Values: Definition and Nature, Western and Non-Western Values

Striving for Consistency: Cognitive Balance Theory

Avoiding Inconsistency: Cognitive Dissonance, Psychological Dogmatism

Social Attribution: Nature, Attribution as Locus of Control, Attribution Success and Failure , Self-Presentation

Books For Reading:

1. Berry John, W., Segall, Marshall, H., &Kagitcibasi, Cigdem.(1997). Handbook of Cross-Cultural Psychology: Theory and Method. (Vol. I, Second Edition). Printed by United States of America.
2. Berry John, W., Segall, Marshall, H., &Kagitcibasi, Cigdem.(1997). Handbook of Cross-Cultural Psychology: Basic Process and Human Development.. (Vol. II, Second Edition). Printed by United States of America.
3. Berry John, W., Segall, Marshall, H., &Kagitcibasi, Cigdem.(1997). Handbook of Cross-Cultural Psychology:Social Behavior and Applications. (Vol. III, Second Edition). Printed by United States of America.
4. Shiraev, Eric B. &, Levy, David A.(2007). Cross-cultural psychology: critical thinking and contemporary applications (Fourth Edition). Pearson Education, Inc., publishing as Allyn & Bacon,75 Arlington, Boston.

Books For References :

1. Allport,G.(1935).Attitudes. In C. Murchison (Ed.), A handbook of social psychology. Worcester, MA: Clark University Press.
2. Almond,G.,&Verba,S.(1965).The civic culture. Boston: Little,Brown.
3. Aronson,E.(1995).The social animal. New York: W.H.Freeman.
4. Barkow,J.H.,Cosmides,L.,&Tooby, J.(Eds.).(1992).The adapted mind: Evolutionary psychology and the generation of culture. New York:Oxford University Press.
5. Bell,R.M.(1985).Holy anorexia. Chicago: University of Chicago Press.
6. Berkowitz,L.(1962).Aggression: A social psychological analysis. New York: McGraw-Hill
7. J.Berry&C.Kagitcibasi (Eds.), Handbook of cross-cultural psychology: Social behavior and applications (Vol.3)..

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SCT 1.1

TITLE OF THE PAPER- Forensic Psychology (2154406)

MODULE CREDIT; 0.4L+0.1T=05

NO. OF CONTACT HOURS: 60

Objectives:

- 1) To understand student Forensic Psychology and Correlational Psychology
- 2) To adequate student Psychology and Law
- 3) To able to know Forensic Mental health and assessment

Outcomes:

- 1) To know Forensic Psychology and Correlational Psychology
- 2) To able to know Forensic Mental health and assessment & Psychology and Law.

Module No 1 and Title: Introduction to Forensic Psychology

The Forensic Psychology: An overview and ethical issues

Correctional Psychology

Role of Forensic and Correctional Psychologists

Module No 2 and Title: Crime and Criminal Victimization

Concept and definition of crime

Factors associated with crime and patterns of crime

Major theories of crime and criminality

Psychological effects of criminal victimizations

Module No 3 and Title: Psychology and Law

Relevant Policies and Acts

Legal issues in evidence - Consent, expert opinion, eyewitness recall

Legal rights of offenders and victims

Module No 4 and Title: Forensic Mental Health and Assessment

Assessing CR and Plea of Insanity

Forensic Mental Status Examination and assessment

Lie Detection and Imaging techniques

Module No 5 and Title: Treatment and Rehabilitation in correctional facilities.

Institutional Correction & Community supervision - probation, parole and aftercare

Therapy in correctional settings- Crisis Intervention, Individual and Family counseling

Books For Readings:

1. Arrigo B.A.(2000).Introduction to Forensic Psychology-Issues and Controversies in Crime and Justice.Academic Press, SanDiego.
2. Bartol,C.R.&Bartol,A.M.(2015)(Eds).Introduction to Forensic Psychology: Researchand Applications .4 thed.Sage Publications, WashingtonDC.
3. Bartol,C.R.&Bartol,A.M.(2012).Current Perspectives in Forensic Psychology and Criminal Behaviour.3rd ed.Sage Publications,Washington DC.
4. Bose,S.(2000).Victimology.Indian Journal of Criminology and Criminalistics.Jan-March,1-21.

Books For References:

1. Daniel,G.(1992).Handbook ofCriminology.RandMc.Nally College PublishingCo.Chicago.
2. Davis,R.C.etal.(1997).Victims of Crime.Sage Publication.
3. Gudjonsson,G.H.&Haward,L.R.C.(1998).Forensic Psychology:Aguideto practice.Routledge,London.
4. Heilbrun,K.,Marczyk,G.R.andDematteo,D.(2002).Forensic Mental Health Assessment:Acasebook,Oxford University Press.
5. Mc.Guire,M.,Margar,R.&Reiwer,R(Eds.)(2012).The Oxford Handbook of Criminology. Oxford University Press.
6. Russell,E.W.(2012).The Scientific Foundation of Neuropsychological Assessment.Elsevier.London.
7. Saferstein,R.(1998).Criminalistics:An Introduction to ForensicScience.6th Edition,PrenticeHall
8. Soothill,K.,Rogers,P.&Dolan,M(Eds.)(2008).Handbook of Forensic Mental

Health.William Publishing,USA.

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SCT 1.2

TITLE OF THE PAPER- Psychology of Gender and Identity

MODULE CREDIT; 0.4L+0.1T=05

NO. OF CONTACT HOURS: 60

Objectives

- 1) To understand the biological, social and cognitive influences on gender
- 2) To comprehend the origins of gender stereotyping
- 3) To understand contemporary gender issues

Outcomes

- 1) To know the biological, social and cognitive influences on gender
- 2) To adequate the origins of gender stereotyping
- 3) To know contemporary gender issues
- 4)

Module No 1 and Title: Introduction to Gender and Identity

Concepts of Gender: Sexuality, Sexual Orientation, Gender Roles, Gender Role Attitudes, Gender Stereotypes.

Concepts of Identity: Multiple identities.

Influences on gender: Biological, Social and Cognitive.

Gender similarities and differences: Physical, Cognitive and Socio-emotional.

Gender in context

Module No 2 and Title: Gender Identity

Emergence of Gender Identity

Gender Identity in middle childhood and adolescence

Gender schema theory

Gender differences in development, communicating and aging

Module No 3 and Title: Gender in Transition

Social behaviour of men and women

Changing roles for men and women

Glass ceiling effect

Consequences of token women in high places

Encouraging non-gendered attitudes

Module No 4 and Title: Gender Differences

Independence versus connectedness

Social dominance

Aggression

Sexuality

Culture and gender

Books for Reading:

1. Berk, L. E. (2014). Child development (9th edition ed.). Delhi: PHI Learning Private Limited.
2. Baron, R. A., Branscombe, N. R., Byrne, D., & Bhardwaj, G. (2013). Social psychology. Delhi: Dorling Kindersley Pvt. Ltd.
3. Myers, D. G. (2010). Exploring social psychology (4th edition ed.). New York: Tata McGraw-Hill Edition.
4. Santrock, J. W. (2008). A topical approach to life-span development (3rd Edition ed.). New Delhi: Tata McGraw Hill Edition.
5. Santrock, J. W. (2013). Child development (13th edition ed.). New Delhi: Tata McGraw Hill Edition.
6. Taylor, S. E., Peplau, A. L., & Sears, D. O. (2006). Social psychology. New Delhi: Pearson.

Books For Reference:

1. Alice, H., Eagly, Beal. E., Anne, J. Robert.,(2004). The psychology of gender. Sternberg Guilford Press.
2. Baron, R. A., Branscombe, N. R., & Byrne, D. (2009). Social psychology. South Asia: Dorling Kindersely (India).
3. Myers, D. G. (2007). Social psychology. (8. Edition, Ed.) New Delhi: Tata McGraw Hill Edition.
4. Vicki, S. Helgeson. (2017). The psychology of gender. (5th Edition). New York: Pearson Education

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