

Shri Sangameshwar Education Society's  
**Sangameshwar College, Solapur**  
(Autonomous)  
Faculty of Arts and Humanities  
**PROPOSED CURRICULUM**  
**UNDER GRADUATE COURSES**  
CBCS W.E.F. 2022-23)  
**Program: BA**



**BA III-SPL Psychology**  
**Department of Psychology**

**Sangameshwar College, Solapur (Autonomous)****Faculty of Arts and Humanities  
B.A. Structure of CBCS w.e.f. 2022-23****B.A. III**

<b>Semester V : Duration 6 Months</b>									
<b>Teaching Scheme</b>					<b>Evaluation Scheme</b>				
Sr. No.	Course	No. of Lectures	Hours	Credit	SEE	CA	Total Marks	Min Marks	Exam Duration (Hrs.)
1	AECC V	4	3.2	4	35	15	50	14+06=20	2
2	DSE H VII	4	3.2	4	35	15	50	14+06=20	2
3	DSE H VIII	4	3.2	4	35	15	50	14+06=20	2
4	DSE H IX	4	3.2	4	35	15	50	14+06=20	2
5	DSE H X	4	3.2	4	35	15	50	14+06=20	2
6	DSE H XI	4	3.2	4	35	15	50	14+06=20	2
7	SEC III	2	1.6	2	35	15	50	14+06=20	2
<b>Total</b>		<b>26</b>	<b>20.8</b>	<b>26</b>	<b>245</b>	<b>105</b>	<b>350</b>	<b>140</b>	

<b>Semester VI : Duration 6 Months</b>									
<b>Teaching Scheme</b>					<b>Evaluation Scheme</b>				
Sr. No.	Course	No. of Lectures	Hours	Credit	SEE	CA	Total Marks	Min Marks	Exam Duration (Hrs.)
1	AECC VI	4	3.2	4	35	15	50	14+06=20	2
2	DSE H XII	4	3.2	4	35	15	50	14+06=20	2
3	DSE H XIII	4	3.2	4	35	15	50	14+06=20	2
4	DSE H XIV	4	3.2	4	35	15	50	14+06=20	2
5	DSE H XV	4	3.2	4	35	15	50	14+06=20	2
6	DSE H XVI	4	3.2	4	35	15	50	14+06=20	2
<b>Total</b>		<b>24</b>	<b>19.2</b>	<b>24</b>	<b>210</b>	<b>90</b>	<b>300</b>	<b>120</b>	
<b>Grand Total</b>		<b>50</b>	<b>40</b>	<b>50</b>	<b>455</b>	<b>195</b>	<b>650</b>		

Lectures: 48Min.

Total Credit for B.A.III:50.

Total Marks for B.A.

III:650

Student Contact Hrs. per week: 19.2 hrs.

**AECC** Ability Enhancement Core Course: (Compulsory Course)

**DSE** Discipline Specific Elective (Candidate can opt any two courses from DSC Course which was opted in Part II (Sem III & Sem IV)

**H--Spl** English/Marathi / Hindi / Geography / Sociology/ Political Science / Economics / Psychology

(A) **SEC III Skill enhancement Course /Credit Self Study Course** SemesterV : 2 credit30 hrs.

### Evaluation Scheme

Semester V : Duration 6 Months							
Evaluation Scheme							
Sr. No.	Course	Paper	SEE	CA	Total Marks	Min Marks	Exam Duration (Hrs.)
1	AECC V	Compulsory English	35	15	50	14+06=20	2
2	DSE H VII	Experimental Psychology	35	15	50	14+06=20	2
3	DSE H VIII	Social Psychology	35	15	50	14+06=20	2
4	DSE H IX	Abnormal Psychology	35	15	50	14+06=20	2
5	DSE H X	Psychological Testing	35	15	50	14+06=20	2
6	DSE H XI	Psychology Practical-Experiments (Annual)	35	15	50	14+06=20	2
7	SEC III	Basic Counseling Skills	35	15	50	14+06=20	2
<b>Total</b>			<b>245</b>	<b>105</b>	<b>350</b>	140	

Semester VI : Duration 6 Months							
Evaluation Scheme							
Sr. No.	Course		SEE	CA	Total Marks	Min Marks	Exam Duration (Hrs.)
1	AECC VI	Compulsory English	35	15	50	14+06=20	2
2	DSE H XII	Cognitive Psychology	35	15	50	14+06=20	2
3	DSE H XIII	Psychology of Well-Being	35	15	50	14+06=20	2
4	DSE H XIV	Counseling Psychology	35	15	50	14+06=20	2
5	DSE H XV	Psychological Assessment	35	15	50	14+06=20	2
6	DSE H XVI	Psychology Practical- Test	35	15	50	14+06=20	2
<b>Total</b>			<b>210</b>	<b>90</b>	<b>300</b>	120	
<b>Grand Total</b>			<b>455</b>	<b>195</b>	<b>650</b>		

### BA III Psychology – Syllabus (To be implemented from 2022-2023)

#### Semester V

Sr. No.	Course	Course Code	Paper
	AECC-V	2211501	English For Communication-V
1	DSE H VII	2211541	Experimental Psychology
2	DSE H VIII	2211542	Social Psychology
3	DSE H IX	2211543	Abnormal Psychology
4	DSE H X	2211544	Psychological Testing
5	DSE H XI	2211545	Psychology Practical- Experiments (Annual)
	SEC-III	2211546	Basic Counseling Skills

Sr. No.	Course	Course Code	Paper
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	AECC-VI	2211601	English For Communication-VI
1	DSE H XII	2211641	Cognitive Psychology
2	DSE H XIII	2211642	Psychology of well Being
3	DSE H XIV	2211643	Counseling Psychology
4	DSE H XV	2211644	Psychological Assessment
5	DSE H XVI	2211645	Psychology Practical- Test

## Semester VI

### CBCS Structure Syllabus w.e.f. June 2022

#### B. A. III Semester V

Structure of the Course  
CBCS BA PART III SEMESTER V

#### AECC V GROUP- --

#### PAPER AECC- V English for Communication-V (2211501)

SEE 35 +CA 15= 50 Marks

COURSE CREDIT 3L 1T/H- 4

COURSE CONTACT HOUR- 48L+ 12T/H- 60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Prose	1	15
2	Poetry	1	15
3	Pronunciation Skills	1	15
4	Soft Skills	1	15
TOTAL		04	60

CBCS BA PART III SEMESTER- VI

#### AECC- VI GROUP- ---

PAPER AECC- VI English for Communication-VI (2211601)

SEE 35 +CA 15= 50 Marks

COURSE CREDIT- 3L 1T/H- 4

COURSE CONTACT HOUR- 48L+ 12T/H- 60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Prose	1	15
2	Poetry	1	15
3	Grammar	1	15
4	Soft Skills	1	15
TOTAL		04	60

CBCS BA PART III SEMESTER - V

DSE- VII GROUP - \_H\_

PAPER :- Experimental Psychology (2211541)

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Introduction to Experimental Psychology	1	15
2	Psychophysics and Reaction Time	1	15
3	Perceptual Process	1	15
4	Learning And Memory	1	15
TOTAL		04	60

B.A.III Semester V

Structure of the Course

CBCS BA PART III SEMESTER - V

DSE- VIII GROUP - \_H\_

PAPER :- Social Psychology (2211542)

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
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1	Definition , History and Methods of Social Psychology	1	15
2	Social Cognition and Perception	1	15
3	Attitude, Prejudice and Discrimination	1	15
4	Human Aggression	1	15
TOTAL		04	60

### Structure of the Course Module

CBCS BA PART III **SEMESTER - V**

**DSE- IX GROUP - \_H\_**

**PAPER :- Abnormal Psychology (2211543)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Abnormal Psychology- Definition and Theoretical Perspective	1	15
2	Anxiety And Somatoform Disorder	1	15
3	Depressive Disorder And Bipolar Disorder	1	15
4	Schizophrenia	1	15
TOTAL		04	60

### Structure of the Course

CBCS BA PART III **SEMESTER - V**

**DSE- X GROUP - \_H\_**

**PAPER :- Psychological Testing (2211544)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Test and Testing Process	1	15
2	Norms	1	15
3	Reliability	1	15

4	Validity	1	15
TOTAL		04	60

Structure of the Course  
CBCS BA PART III **SEMESTER - V**  
**DSE- XI GROUP - \_H\_**

**PAPER :- Psychology Practical- Experiments (Annual) (2211545)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Psychophysical Methods	1	15
2	Perceptual Process	1	15
3	Learning and Memory	1	15
4	Descriptive Statistical Problems	1	15
TOTAL		04	60

Structure of the Course  
CBCS BA PART III **SEMESTER - V**  
**SEC- III GROUP -**

**PAPER :- Basic Counselling Skills (2211546)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 2

COURSE CONTACT HOUR :- 30

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Nature Basic Counselling Skills and Specific Skills I	1	15
2	Specific Counselling Skills II	1	15
TOTAL		02	30



CBCS BA PART III **SEMESTER - VI**

**DSE- XII GROUP - \_H\_**

**PAPER :- Cognitive Psychology (2211641)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Cognitive Psychology History and Paradigms	1	15
2	Pattern Recognition	1	15
3	Memory	1	15
4	Reasoning	1	15
TOTAL		04	60

Structure of the Course

CBCS BA PART III **SEMESTER - VI**

**DSE- XIII GROUP - \_H\_**

**PAPER :- Psychology of Well- Being (2211642)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Psychology of Well-Being and Happiness	1	15
2	Positive Emotions, Personal Goals and Well-Being	1	15
3	Happiness and Facts of Life	1	15
4	Positive Life Mindfulness and Well-Being	1	15
TOTAL		04	60

Structure of the Course

CBCS BA PART III **SEMESTER - VI**

DSE- XIV GROUP - \_H\_

**PAPER :- Counselling Psychology (2211643)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Introduction Of Counselling	1	15
2	Personality and Professional Aspects of Counselling	1	15
3	Counselling Relationship	1	15
4	Application of Counselling	1	15
TOTAL		04	60

Structure of the Course

CBCS BA PART III **SEMESTER - VI**

DSE- XV GROUP - \_H\_

**PAPER :- Psychological Assessment (2211644)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Intelligence Assessment	1	15
2	Aptitude and Achievement Assessment	1	15
3	Attitude, Interest and Values Assessment	1	15
4	Personality Assessment	1	15
TOTAL		04	60

Structure of the Course

CBCS BA PART III **SEMESTER - VI**

DSE- XVI GROUP - \_H\_

**PAPER :- Psychology Practical- Test (2211645)**

(SEE 35 +CA15 = 50 Marks)

COURSE CREDIT:- 3L + 1T/H=4

COURSE CONTACT HOUR :- 48 L+ 12T/H=60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Intelligence and Aptitude Assessment	1	15

2	Attitude, Anxiety, Achievement and Interest Assessment	1	15
3	Personality Assessment	1	15
4	Inferential Statistics	1	15
TOTAL		04	60

**CBCS Structure Syllabus w.e.f. June 2022**

**B. A. III Semester V**

Structure of the Course  
CBCS BA PART III SEMESTER V  
**AECC V GROUP- --**

PAPER **AECC- V** English for Communication **(2211501)**

SEE 35 +CA 15= 50 Marks

COURSE CREDIT 3L 1T/H- 4

COURSE CONTACT HOUR- 48L+ 12T/H- 60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Prose	1	15
2	Poetry	1	15
3	Pronunciation Skills	1	15
4	Soft Skills	1	15
TOTAL		04	60

**Sangameshwar College, Solapur**

**AUTONOMOUS**

**Faculty of Arts and Humanities**

**Programme B. A. III**

**CBCS Structure Syllabus w.e.f. June 2022**

**B. A. III Semester VI**

Structure of the Course  
CBCS BA PART III SEMESTER- VI  
**AECC- VI GROUP- ---**

PAPER AECC- VI English for Communication**(2211601)**

SEE 35 +CA 15= 50 Marks

COURSE CREDIT- 3L 1T/H- 4

COURSE CONTACT HOUR- 48L+ 12T/H- 60

SR. NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1	Prose	1	15
2	Poetry	1	15
3	Grammar	1	15
4	Soft Skills	1	15
TOTAL		04	60

**Detailed Syllabus**  
**CBCS BA PART III SEMESTER V**

Academic Council 5(5.2)  
15<sup>th</sup> June, 2022

**AECC- V GROUP- ---**

**ENGLISH FOR COMMUNICATION-V (2211501)**

SEE- 35 + CA- 15 = 50

COURSE CREDITS 03L+01T=04  
HOUR 60

COURSE CONTACT

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**Course Objectives:**

- To make the students comprehend English language in general
- To enhance the quest for knowledge and correct pronunciations
- To strengthen oral and written communication skills with grammar accuracy
- To galvanize soft skills

**Course Outcomes:**

By the end of the course the students will be able to:

- Use oral and written English effectively and fluently
- Demonstrate their knowledge of correct pronunciations
- Apply English language skills and grammar accuracy in clearing competitive examinations
- Apply their knowledge of Soft Skills to succeed in career as well as in practical life.

**Module No and Title:**

**Module I: Prose**

1. *The Gift of the Magi*: O' Henry
2. *The Homecoming*: Rabindranath Tagore
3. *The California's Tale*: Mark Twain

**Module II: Poetry**

1. *The Solitary Reaper*: William Wordsworth

2. *The Queen's Rival:* Sarojini Naidu
3. *Oh! How I faint When I  
of You Do Write (Sonnet No 80)* : William Shakespeare
4. *The Road Not Taken:* Robert Frost

### **Module. III: Pronunciation Skills**

- 1) Basic Sounds in English
- 2) IPA Symbols
- 3) Phonetic Transcription
- 4) Stress and Intonation

### **Module. IV: Soft Skills**

1. Types of 21<sup>st</sup> Century Skills
2. Learning Skills (4Cs)
3. Preparation for Employment

### **Reference Books:**

BA/BSC Part III Compulsory English Literary Mindscapes-I PAH Solapur University, Solapur (With 20% new additions & changes)

## **Detailed Syllabus CBCS BA PART III SEMESTER VI**

Academic Council 5(5.2)  
15<sup>th</sup> June, 2022

### **AECC- VI GROUP- H ENGLISH FOR COMMUNICATION-VI (2211601)**

SEE- 35 + CA- 15 = 50

COURSE CREDITS 03L+01T=04  
HOUR 60

COURSE CONTACT

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### **Course Objectives:**

- To make the students comprehend English language in general
- To enhance the quest for knowledge and correct pronunciations
- To strengthen oral and written communication skills with grammar accuracy
- To galvanize soft skills

### **Course Outcomes:**

By the end of the course the students will be able to:

- Use oral and written English effectively and fluently
- Demonstrate their knowledge of correct pronunciations
- Apply English language skills and grammar accuracy in clearing competitive examinations
- Apply their knowledge of Soft Skills to succeed in career as well as in practical life.

### **Module No and Title:**

**Module. I: Prose**

1. *Growing Up*: Joyce Cary
2. *God See the Truth, but Waits*: Leo Tolstoy
3. *On the Rule of The Road*: A. G. Gardiner

**Module. II: Poetry**

1. *Sita*: Toru Dutt
2. *My Last Duchess*: Robert Browning
3. *Ode to Beauty*: John Keats
4. *Song: Go and Catch a Falling Star*: John Donne

**Module. III: Grammar**

1. Simple and Multiple Sentences
2. Direct and Indirect Speech

**Module. IV: Soft Skills**

1. Literacy Skills
2. Life Skills
3. Employability Skills

**Reference Books:**

BA/BSC Part III Compulsory English Literary Mindscapes-I PAH Solapur University Solapur (With 20% new additions & changes)

**Detail Syllabus****CBCS BA PART III SEMESTER V****DSE- VII GROUP-H****TITLE OF THE PAPER / COURSE :- Experimental Psychology****(2211541)****SEE-35 + CA- 15 = 50****COURSE CREDITS 03 L+01T=04 COURSE CONTACT HOUR 60**

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**Objective:-**

1. To acquaint the students with the perceptual process, Learning and memory process
2. To understand the process of experimentation

**Outcomes:**

1. students able to understand the perceptual process, Learning and memory process in experimentation
2. student can learn process of experimentation

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**Module Credit- 1**

**No of contact hour -15**

**Module No 1 Introduction to Experimental Psychology**

- 1.1 Nature of and Goals of Psychology
- 1.2 History of Experimental Psychology
- 1.3 Experimental Method
- 1.4 Writing Research Proposal (Project)

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Psychophysics and Reaction Time**

- 2.1 Basic Concepts of Psychophysics
- 2.2 Methods of Psychophysics:-
  - a) Methods of Limit - Determination of RL and DL
  - b) Methods of Constant stimuli- Determination of RL and DL
  - c) Methods of Average Error- Determination of PSE and CE
- 2.3 Reaction Time-a) Definition b) Types c) Determinant

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Perceptual Process**

- 3.1 Attention- a) Meaning and Nature b) Issues of Attention (Kinds)
- 3.2 Theories of Attention- a) Filter Theory (Bottleneck) b) Attenuation Theory
  - c) Late Selection d) Multimode
- 3.3 Perception- a) Meaning and Nature b) Principles(Laws) of Perception
  - c) Perception of Object

### 3.4 Perception of Depth- a) Monocular and Binocular Cues

**Module Credit- 1**

**No of contact hour -15**

### **Module No 4 : Learning and Memory**

4.1 Learning- Meaning , Definition, Nature

4.2 Learning Process and factor affecting learning process

4.3 Methods of Learning a) massed vs Spaced b) Whole vs Parts c) Rote vs Rule

4.4 Transfer of training- Definition and Types, Bilateral Transfer

4.4 Memory- Meaning, Models of Memory - a) Waugh and Norman

b) The Atkinson and Shiffirine Model ac) Tulving Model

### **List of Reference Books:**

1. Bano Samina (2012) Experimental Psychology- (ICFAI) University Sens Pearson
2. Galotti (2014) Cognitive Psychology-New delhi- Sage Publication 5<sup>th</sup>Edn. South Asia
3. Postman and Egan (2000) Experimental Psychology An Introduction- Reprint N.D. Kalyani Publication
4. Quazi F. Islam (2012) Educational Psychology – Pearson Edition
5. Borude R.R. (2002) Bodhnic Manasshastra –Aurangabad- Chaya Publication
6. Damale Kusum-Prayogic Manasshastra
7. Dandekar-Prayogic Manasshastra
8. Desai B. and Abhyankar S.C. (2001) Prayogic Manasshastra anisanshodhan Padhati-Pune Narendra Prakashan
9. Myres A. and Hansen (2002) Experimental Psychology U.S.-Thompson wars worth 6. Vanarase- Prayogic Manasshastra



10. Woodworth R.S. and Schlosberge (Reprint 2008) Experimental Psychology  
6<sup>th</sup>Edn. N.B.IBN Publication

11. Solso .CV. (2009) Cognitive Psychology- 6<sup>th</sup>Edn. Pearson Edn.

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**Detail Syllabus**  
**CBCS BA PART III SEMESTER V**  
**DSE- VIII GROUP-H**  
**TITLE OF THE PAPER / COURSE : Social Psychology (2211542)**  
**SEE-35 + CA- 15 = 50**  
**COURSE CREDITS 03 L+01T=04 COURSE CONTACT HOUR 60**

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**Objective:**

1. To acquaint students understand nature of social psychology
2. To understand cognitive process, attitudes, prejudice and human aggression

**Outcome:**

1. Able students understand nature of social psychology
2. Identify the cognitive process, attitudes, prejudice and human aggression.

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**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Definition, History and Methods of Social Psychology**

1.1 Definition of Social Psychology- a) Is Scientific in nature

b) Focus on the behavior of individual

c) Understand the causes of Social Psychology

1.2 Brief History of Social Psychology- a) Early years-Emerge of social Psychology

b) Social Psychology Youth c) A Maturing Field d) Status of Social Psychology in Asia and India

1.3 Research Methods in Social Psychology- a) Systematic Observation

b) Correlation Methods

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Social Cognition and Perception**

2.1 Social Cognition-

a) Heuristic- i) Representiveness availability ii) Anchoring and b) Adjustment

b) Automatic and Controlled Processing:- i) Influence of Affect on Cognition

ii) Influence of Cognition on Affect iii) Indian perception

2.2 Social Perception-

a) Attribution- Theories of Attribution - i) Jons and Davis theory of correspondent inference ii) Kelly's theory of casual Attribution

2.3 Impression formation and Impression management

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Attitude, Prejudice and Discrimination**

3.1 Attitude-

a) Attitude formation- i) Classical Conditioning

ii) Instrumental Conditioning iii) Observational Conditioning

b) The Persuasion ( Attitude Change)- i) Communication, Message, Audience

ii) Reactance iii) Forwarning

3.2 Prejudice and Discrimination- a) Origins of Prejudice – i) Threat

to the self- esteem ii) Competition for resource iii) Role of categorization

b) Discrimination in India

3.3 Techniques of countering affect of Prejudice- i) Learning not Benefic

ii) Potential benefits of contact iii) Recategorization iv) Benefit of Guilt

v) Social Influence

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Human Aggression**

4.1 Perspectives of Aggression- a) The role of biological factor b) Drive theories

c) Modern theories of aggression

4.2 Causes of human aggression- a) Social determinants of aggression

b) Exposer to Media violence c) Violent Pronographyd) Cultural factor

e) Personality and Aggression f) Situational determination of Aggression

4.3 The Prevention and control of Aggression- a) Some Useful techniques-

i) Punishment ii) Self-regulation iii) Forgiveness iv) Non-violence

**List of Reference Books:**

1. Baron, Branscomb, Byrne (2003) Social Psychology 10<sup>th</sup> Edn.
  2. Baron, Branscomb, Byrne Bhardwaj (2012) Marathi Translation- Samajik Mansshastra – Natu, vidya Rajhans-pearson
  3. *Baron, Branscomb, Byrne Bhardwaj (2010) Social Psychology 12<sup>th</sup> Edn. Pearson.*
  4. Deshpande C. Roy. M. Vidya A. (2002) Samajik Manasshastra- Pune Uma Prakashan
  5. Feldman (2003) Social Psychology – McDevide & Harari C.B.C. Publishers
  6. Kloss B, Hill J. Thomas. E (2012) – Community Psychology Wads-Worth,
  7. Myers D.G (2008) Social Psychology New Delhi Tata McGraw-Hill
  8. Palsane M and Talwalkar V. (2000) Samajik Manasshastra-Pune Contentental Prakashan
  9. Schneider, Gruman and CXoults L.M (2012) Applied Social Psychology-New Delhi- Sage Publication
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**Detail Syllabus**  
**CBCS BA PART III SEMESTER V**  
**DSE- IX GROUP-H**

TITLE OF THE PAPER / COURSE: Abnormal Psychology **(2211543)**  
SEE-35 + CA- 15 = 50  
COURSE CREDITS 03 L+01T=04 COURSE CONTACT HOUR 60

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**Objective:**

1. To acquaint the student with concept of abnormal behavior
2. Intrudes various types, causes and treatment of psychological disorders

**Outcomes:**

1. Able the student with concept of abnormal behavior.
  2. know the various types, causes and treatment of psychological disorders
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**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Abnormal Psychology – Definition and Theoretical Perspective**

- 1.1 Definition and criteria of Psychological disorder (Abnormal Behavior)
- 1.2 Historical Background of Abnormal Psychology-
  - a) The ancient Western world
  - b) Middle Ages
  - c) The Renaissance
  - d) The Age of Reasons and Enlightenment
  - e) The reform movements
- 1.3 Theoretical Perspectives (Approaches) to Psychopathology-
  - a) Psychodynamic Perspectives
  - b) Behavioral Perspectives
  - c) Cognitive Perspectives
  - d) Humanistic Perspectives
  - e) Integrative Perspectives - The Diathesis stress Model

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Anxiety and Somatoform Disorder**

- 2.1 Types of Anxiety Disorder- a) Generalized Anxiety Disorder
  - b) Separation Anxiety Disorder
  - c) Phobia- Specific and social Agrophobia
  - d) Obsessive Compulsive Disorder (OCD)
  - e) Post Traumatic Stress Disorder (PTSD)
- 2.2 Somatoform Disorders – a) Hypochondriasis b) Somatization Disorder
  - c) Conversion Disorder

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Depressive Disorder and Bipolar Disorder**

- 3.1 Types of Depressive Disorder- a) Dysthymic b) Major Depressive disorder
- 3.2 Causes and Treatment of Depression-
  - a) Causes- i) Risk factor in Depression ii) Biological factor in Depression
  - b) Treatment- i) Antidepressant Medication ii) Electroconvulsive Therapy iii) Interpersonal Psychotherapy iv) Social skill training v) Cognitive behavior Therapy
- 3.3 Bipolar Disorder- a) Bipolar 1 b) Bipolar 2 c) Cyclothymic disorder

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Schizophrenia**

- 4.1 Definition and History of Schizophrenia
- 4.2 Symptoms- a) Positive Symptoms b) Negative Symptoms
  - c) Disorganized Symptoms
- 4.3 Subtypes and other types of Schizophrenia - a) Subtypes- i) Paranoid
  - ii) Disorganized iii) catatonic iv) Undifferentiated v) Residual
  - b) Other types- i) Schizophrenia form Disorder ii) Schizoaffective

ii) Delusional iv) Brief Psychotic v) Shared Psychotic

4.4 Causes of Schizophrenia- a) Genetic Influence- i) Family ii) Twin adoption

b) Neurobiological Influence- i) Dopamine c) Psychological and social influence

4.5 Treatment of Schizophrenia- a) Biological Intervention

b) Psychological Intervention

### **List of Reference Books:**

1. Barlow D. & Durand M. (2011) Text Book of Abnormal Psychology- Frist India Edn.2011 Cen gage Learning.
  2. Sarason I & Sara-son B (2005) Abnormal Psychology- The problems of Maladaptive Behavior-11<sup>th</sup>Edn. Prentice hall (Pearson pub)
  3. Bennett P (2016) Abnormal and Clinical Psychology – Textbook New York open university press
  4. Carson R.C. Butcher J.N. (2008) Abnormal Psychology-New Delhi
  5. Deshpande S. (2014) ManovikrutiShastra- Niraliprakashan,Pune
  6. Kearney C. and Trull T (2012) Abnormal Psychology and life-The dimensional Approach- New Delhi
  7. Kring A and Johnson S.Devinson C & Neale J. (2010) Abnormal Psychology 11<sup>th</sup>Edn. N.Y. John Wiley
  8. Planate T.G.(2004) Contemporary Clinical Psychology –John Wiley & Sons
-

**Detail Syllabus**  
**CBCS BA PART III SEMESTER V**  
**DSE- X GROUP-H**

TITLE OF THE PAPER / COURSE : Psychological Testing (2211544)  
SEE-35 + CA- 15 = 50

COURSE CREDITS 03 L+01T=04 COURSE CONTACT HOUR 60

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**Objective:**

1. To enable the student to acquaint with tests,
2. To understand testing process and characteristics of test

**Outcomes:**

1. able student to acquaint with tests,
  2. utilize testing process and characteristics of test
- 

**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Test and Testing Process**

- 1.1 Definition and Types
- 1.2 Uses of Testing
- 1.3 Standardized procedure in test Administration
- 1.4 Desirable Procedures of Test Administration
- 1.5 Influence of the Examiner
- 1.6 Background and motivational of the Examinee

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Norms**

- 2.1 Definition and types of norms
- Raw Score- Transformation-



- a) Percentile and Percentile rank
- b) Standard Score
- b) T Score and Normalized Standard score
- c) d) Stanine.

## 2.2 Selecting a Norm Group-

- a) Age and Grade Norms
- b) Local and Subgroup Norms

**Module Credit- 1**

**No of contact hour -15**

### **Module No 3 : Reliability**

- 3.1 Concept of Reliability
- 3.2 Co-relation Co-efficient
- 3.3 Types of Reliability – a) Reliability as Temporal Stability-
  - i) Test-Retest Reliability ii) Alternate form Reliability
  - b) Reliability as Internal Consistency-
    - i) Split-Half Reliability ii) Co-efficient Alfa iii) Inter-scorer Reliability
  - c) Which types of Reliability Appropriate

**Module Credit- 1**

**No of contact hour -15**

### **Module No 4 : Validity**

- 4.1 Validity- A definition
- 4.2 Types of Validity – a) Content Validity b) Criterion Related Validity-
  - i) Concurrent Validity ii) Predictive Validity c) Contract Validity-
    - i) Convergent Validity ii) Discrimination Validity iii) Factor analysis

### **List of Reference Books:**

1. Gregory R.L. (2014)-Psychological Testing –History Principle and Applications 6<sup>th</sup>Edn. New delhi Pearson Pub.

2. Aiken Lewin R. Growth Marnet G.(2016) Psychological Testing and Assesment– 12<sup>th</sup>Edn. Copyright
  3. Anastasi Anne and Urbina Susan (2003) Psychological Testing- 7<sup>th</sup>Edn. New Delhi Prentice-hall
  4. Barve B.N. and Narke H.J. (2008) ManomapanI- Nagpur-VidyaPrakashan
  5. Barve B.N. (2011) ManasshastriyaChachnya – Nagpur VidyaPrakashan
  6. Desai B. Abhyankar (2007) ManasshastriyaMapan– Pune NarendraPrakashan
  7. Freeman Frank (1998) Theory and Practice of Psychological Testing – 3<sup>rd</sup>Edn. New Delhi Oxford and IBN Publication
  8. Kale P. (1990) ManasshastriyaMapan Mumbai- ManovikasPrakashan
  9. Kaplan R. and Saccuzza Denis P. (2005) Psychological Testing and Assesment– 6<sup>th</sup>Edn.- Canada Words-Worth
  10. Patil A. (2014) ManasshastriyaChachnya –Pune- Diamond Publication
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**Detail Syllabus**  
**CBCS BA PART III SEMESTER V**  
**DSE- XI GROUP-H**

TITLE OF THE PAPER / COURSE : Psychological Practicum  
Experiment (2211544)

SEE-35 + CA- 15 = 50

COURSE CREDITS 03 L+01T=04 COURSE CONTACT HOUR 60

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**Objective:**

- 1 To understand design of Psychological Experiments.
2. To Familiarized student with use of elementary statistical technique and

**Outcomes:**

1. Able to design of Psychological Experiments.
  2. Learn student use of elementary statistical technique .
- 

**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Group- A: Psychophysical Methods**

1. *Method of Limit- RL or DL*
2. *Method of Constant stimuli- RL or DL*
3. *Method of Average Error- PSE or CE*

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Group B : Perceptual Process**

1. *Span of Attention*
2. *Division of Attention*
3. *Retinal Color Zone*
4. *Depth Perception*
5. *Localization of Sound*

6. Reaction Time

7. Stroop Effect

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Group c : Learning and Memory (Any Three )**

1. Short-term Memory
2. Serial Learning
3. Recall and Recognition
4. Maze Learning
5. Habit Interference
6. Mirror- Drawing (Bilateral Transfer)
7. Retroactive and Proactive inhibition

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Statistical Problem-** 1. Mean and Median 2. Standard Deviation

**List of Reference Books:**

1. Aiken Lewin R. Growth Marnet G.(2016) Psychological Testing and Assesment– 12<sup>th</sup>Edn. Copyright
2. Anastasi, A. & Urbina, S. (2009). Psychological testing. N.D.: Pearson Education.
3. BanoSamina (2012) Experimental Psychology- (ICFAI) University Sens Pearson
4. Barlow D. & Durand M. (2011) Text Book of Abnormal Psychology- Frist India Edn.2011 Cen gage Learning.
5. Baron, Branscomb,ByrneBhardwaj (2010) Social Psychology 12<sup>th</sup>Edn. Pearson.
6. Barve B.N. (2011) ManasshastriyaChachnya - Nagpur – VidyaPrakashan
7. Barve B.N. and Narke H.J. (2008) ManomapanI- Nagpur-VidyaPrakashan
8. Barve, B.N. (2007). ShaikshanikManasashastriySankhyashastra, Nagpur: VidyaPrakashan
9. Borude R.R. (2002) BodhnicManasshastra –Aurangabad- Chaya Publication
10. Boumgardner S.R. and Crothers M.K. (2009) Positive Psychology -Pearson Education Frist Impression 2009

11. Chadha N.K.(2009),Applied Psychometry, Sage Publication Pvt Ltd. New Delhi.
12. D'Amato, M.R. (2009). Experimental psychology: Methodology, psychophysics and learning. N.D.: Tata McGraw-Hill.
13. Damale, Kusum (1981). PrayogikManashastra, Nagpur: Maharashtra VidhyapithNirmitiMandalasathiSahityaPrasar Kendra.
14. Dandekar - PrayogicManasshastra
15. Desai B. and Abhyankar S.C. (2001) PrayogicManasshastraanisanshodhanPadhati-Pune NarendraPrakashan
16. Desai Bharat and AbhyankarShobhana (2007): ManasashastriyaMapana, Pune: NarendraPrakashan.
17. Deshapande, S.W. (1980). ManasashastriyaPrayog, Pune: Continental Prakashan.
18. Freeman Frank (1998) Theory and Practice of Psychological Testing – 3<sup>rd</sup>Edn. New Delhi Oxford and IBN Publication
19. Galloti, K. M. (2004). Cognitive psychology in and out of the laboratory. USA: Thomson Wadsworth.
20. Galotti (2014) Cognitive Psychology-New delhi- Sage Publication 5<sup>th</sup>Edn. South Asia
21. Garrette, H. E and Woodworth R. S. (1981). Statistics in Psychology and Education, Tenth Edition Reprint, Bombay: Vakils, Feffer and Siman Ltd.,
22. Gregory R.L. (2014)-Psychological Testing –History Principle and Applications 6<sup>th</sup>Edn. New delhi Pearson Pub.
23. Jalota, S. (1962). Experiments in psychology. Asia Publishing House.
24. Kale P. (1990) ManasshastriyaMapan Mumbai- ManovikasPrakashan
25. Kaplan R. and Saccuzza Denis P. (2005) Psychological Testing and Assesment– 6<sup>th</sup>Edn.-Canada Words-Worth
26. Kothurkar, and Vanarase (1986). Experimental Psychology: A Systematic Introduction, New Delhi: Wiley Eastern Ltd.
27. Mangal (2008)- Statistics for psychology and education-
28. Mohanthy. (1980)- Experiments in psychology.
29. Mohsin, S. M. (1975). Experiments in psychology. Orient Longman.
30. Myres A. and Hansen (2002) Experimental Psychology U.S.-Thompson wars worth
31. Nimbalkar K.P. (2016)- Psychology experiments and tests-PsychoscanVardha
32. Parameshwaran, E. G. &Rao, B. T. (1968). Manual of experimental psychology. Bombay: Lalvani Publishing House.
33. Patil A. (2014) ManasshastriyaChachnya –Pune- Diamond Publication
34. Postman, L. & Egan, J.P. (1949), reprint 2009. Experimental psychology: An introduction. ND: Kalyani Publication.Potadar, R. (2006). ManasashastriyaPrayog Nagpur: Ankur Publications.

Rajamanickam, M. (2005). Experimental Psychology: with Advanced Experiments, Volume 1 & 2. New Delhi: Concept Publishing Company.

Sarason I & Sara-son B (2005) Abnormal Psychology- The problems of Maladaptive Behavior-11<sup>th</sup>Edn. Prentice hall (Pearson pub) N.B.IBN Publication

Solso .CV. (2009) Cognitive Psychology- 6<sup>th</sup>Edn. Pearson Edn.

Tinker, M.A. & Russell, W.A. Introduction to methods in experimental psychology. Appleton – Century Crofts.

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Vanarase, S.; Gogate, S. aniVanarase, Shyamala (1976). ManasashastriyaPrayog  
Pune: VinusPrakashan.

Woodworth R.S. and Schlosberge (Reprint 2008) Experimental Psychology 6<sup>th</sup>Edn.

Test manuals

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**Detail Syllabus**  
**CBCS BA PART III SEMESTER V**  
**SEC- XII GROUP**

**TITLE OF THE PAPER / COURSE BASIC COUNSELLING SKILLS**

**(2211546)**

SEE-35 + CA- 15 = 50

**COURSE CREDITS 02**  
**HOUR 30**

**COURSE CONTACT**

**Objective:**

1. To Understand the Use of basic Counseling Skills across the different counseling's
2. To Practices the skills under taking various activities
3. To aware of ethical issues dealing with clients in different background

**Outcomes:**

1. To able basic counseling skills across the different counseling's settings
2. To learn the skills under taking various activities
3. To apply ethical issues dealing with clients in different background .

**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Nature or basic Counseling Skills and Specific skills I**

- 1.2 Understand the internal frame of reference, Showing attention and interest
- 1.3 Paraphrasing and reflecting feelings, starting, structuring and summarizing
- 1.4 Asking questions, monitoring
- 1.5 Challenges and feedback, Self-disclosing

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Specific Counseling Skills II**

- 2.1 Managing resistances and making referrals.

2.2 Facilitating problem solving, coaching, demonstrating, and rehearsing

2.3 Training clients in relaxation, Improving clients self-talk

2.4 Improving clients rules and perception

2.5 Negotiating Homework, conducting middle session's terminating health.

**List of Reference Books:**

1 Richard Nelson- Jones (2012). Basic Counseling Skills: A Helper's Manual (3<sup>rd</sup> edition) sage.

2. Richard Nelson-Jones. (2011), Theory and Practice of Counseling and therapy, 5<sup>th</sup> edition London sage

3. Sander P. (2005) Steps in Counseling 3<sup>rd</sup> edition Ross-on-wye PCCS books

4. Rogers C. R. (1980) The way of being, Houghton Milton publication

5. Korey G. (2009) Theory and practice of counseling and therapy 8<sup>th</sup> edition belmiant C. A. brooks and cole.

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**Detail Syllabus**  
**CBCS BA PART III SEMESTER VI**  
**DSE- XII GROUP-H**

TITLE OF THE PAPER / COURSE : Cognitive Psychology (2211641)  
SEE-35 + CA- 15 = 50

**COURSE CREDITS 03L+01T=04 COURSE CONTACT HOUR 60**

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Objective:

1. To understand to student Perceptual process in cognition
2. To understand Memory and Reasoning process in cognition

Outcomes:

1. able student understand to Perceptual process in cognition
  2. Identify Memory and Reasoning process in cognition.
- 

**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Cognitive Psychology – History and Paradigms**

- 1.1 History of the Study of Cognition- a) Structuralism b) Functionalism  
c) Behaviorism d) Gestalt Psychology e) Study of Individual Differences  
f) Cognitive Revolution and Brief History of Cognitive
- 1.2 Paradigms of Cognitive Psychology- a) Information Processing Approach  
b) Connectionist Approach c) Evolutionary approach d) Ecological Approach

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Pattern Recognition**

- 2.1 Bottom up process- a) Template matching b) Feature Analysis c) Prototype Matching

- 2.2 Top-Down Process- a) Perceptual Learning b) Change blindness  
c) Word-Superiority effect d) Model of Word Perception

2.3 Direct Perception

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Memory**

- 3.1 Short- term Memory- a) Capacity b) Coding c) Retention Duration  
and Forgetting d) Retrieval of Information

3.2 Working Memory

- 3.3 Long-term Memory- a) Capacity b) Coding c) Retention Duration and Forgetting  
Retrieval of Information

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Reasoning**

- 4.1 Types of Reasoning- a) Deductive Reasoning b) Inductive Reasoning  
c) Everyday Reasoning

- 4.2 Patterns of Reasoning Performance- a) Effects of Premise Phrasing  
b) Attraction of Premise Meaning c) Failure to consider all Possibilities  
d) Content and Believability effect

- 4.3 Approaches to study of Reasoning- a) Componential Approach  
b) Rule/ Heuristic Approach c) Mental Model Approach

**List of Reference Books :**

1. Gallotti Kathleen (2015) Cognitive Psychology In an Out the Laboratory - Sage Test Publication 5<sup>th</sup>Edn. South Asia Edn.
2. Gallotti Kathleen (2007) Cognitive Psychology In an Out the Laboratory- 3<sup>rd</sup>Edn.-New York Books lcole. Wards- Worth
3. Borude R.R.(2002) Bodhnik Manasshastra– Aurangabad-ChayaPrakashan
4. Hunt R. Others (2006) Fundamental of cognitive Psychology – 7<sup>th</sup>Edn. Tata McGraw hill Publication

5. Matline Koss (2002) Cognitive Psychology – John Wiley

6. Solso (2009) Cognitive Psychology- 6<sup>th</sup>Edn.- Pearson Education

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**Detail Syllabus**  
CBCS BA PART III **SEMESTER VI**  
**DSE- XIII GROUP-H**  
TITLE OF THE PAPER / COURSE: Psychology of Well-Being  
**(2211642)**  
SEE-35 + CA- 15 = 50

**COURSE CREDITS 03L+01T=04 COURSE CONTACT HOUR 60**

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**Objective:**

1. To acquaints the Student with Positive Emotions, Personal Goals and well-Being
2. to understand Psychology and Well-Being and Happiness

**Outcomes:**

- 1 identify the Student with Positive Emotions, Personal Goals and well-Being
2. Able to understand Psychology and Well-Being and Happiness

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**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Psychology of Well-being and Happiness**

- 1.1 Goals and Definition of Positive Psychology
- 1.2 Areas of Positive Psychology - a) Health b) Clinical c) Developmental d) Social  
e) Personality f) Religion
- 1.3 Psychology of Well-Being- a) Objective vs. Subjective Measures  
b) Negative vs. Positive Functioning
- 1.4 What is Happiness- a)Two traditions- i) Hedonic Happiness

i) Eudaimonic Happiness

1.5 Subjective Well-Being- a) The Hedonic basis Happiness Measures

b) Life Satisfaction c) Positive affect and Happiness

d) Negative affect and Happiness

1.6 Self-Realization- The Eudaimonic basis of Happiness- a) Psychological Well-

Being and Positive Functioning b) Need-Fulfillment and Self Determination

Theory

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Positive Emotions, Personal Goals and well-Being**

2.1 Definition of Positive Emotion- Broden and Build Theory

2.2 Positive Emotions and Health Resources- a) Physical b) Psychological

c) Social

2.3 Positive Emotions and Well-Being- a) Happiness and Positive Behavior

b) Positive Emotions and Success c) Positive Emotions and Flourishing

2.4 Personal Goals- a) Defining personal goals, Measures of personal goals

b) Goals and Fulfillment of Basic Needs, Methods of Assessing Universal Needs

2.5 What goals contribute most to Well-Being- a) Goals progress

b) Achievement and Importance c) Matching Hypothesis d) Explain the

Matching Hypothesis e) Happiness and Success in college

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Happiness and Facts of Life**

3.1 Happiness Across the Lifespan- a) Stability in Well-Being despite life change

3.2 Gender and Happiness- a) Gender Difference b) Explaining the Paradox

3.3 Marriages and Happiness- a) Benefits b) Selection effect c) Gender Difference

3.4 Happiness and Other Facts of Life - a) Physical and Mental Health b) Work and

Unemployment c) Intelligence and Education d) Religion e) Race, Ethnicity and stigma

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Positive Life Mindfulness and Well-being**

4.1 Positive Psychology Revisited

4.2 Interconnection of the Good and Bad

4.3 Positive Life- Meanings and Mean- a) Meanings- i) A Pleasant Life

ii) A Engaged Life iii) Meaningful Life

b) Means- i) Intentional activities and Self- concordant Goals

ii) Developing and Expressing virtues iii) Using Positive Psychology to treat Depression iv) Increasing Psychological Well-Being

v) Minding close relationship

4.4 Mindfulness and Well-Being- What is mindfulness, Mindfulness Meditation, Mindfulness and Positive Psychology, Mindfulness and Psychotherapy

**List of Reference Books :**

1. Boumgardner S.R. and Crothers M.K. (2009) Positive Psychology -Pearson Education Frist Impression 2009
2. Car A. (2004) Positive Psychology The sance of Happiness and Human Strength – Rout Ledge
3. Peterson (2006) Primer in Positive Psychology – New York- Oxford university
4. Seligman M.E.P (2002) Authentic Happiness- New York-Free Press Simon and schauster
5. Shinde V.R. (2017) SakaratmakManasshastra
6. Snyder C.R. and Loper S.J- Positive Psychology- New Delhi. Sage publication- India's Pvt. Ltd.

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**Detail Syllabus**  
**CBCS BA PART III SEMESTER VI**  
**DSE- XIV GROUP-H**  
**TITLE OF THE PAPER / COURSE: Counseling Psychology (2211643)**  
**SEE-35 + CA- 15 = 50**

**COURSE CREDITS 03L+01T=04 COURSE CONTACT HOUR 60**

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**Objective:**

1. To understanding basic concepts, process and techniques counseling.

To familiarize field of Counselling

**Outcomes:**

1. learn to basic concepts, process and techniques counseling.

2. identify the field of Counseling

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**Credit – 4**

**Lectures - 60**

**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Introduction Of Counseling**

1.1 Definitions of Counselling Term

1.2 History of Counselling

1.3 Current trends in 21<sup>st</sup> Century

**Module Credit- 1**

**No of contact hour -15**

## **Module No 2 : Personality and Professional Aspects of Counseling**

- 2.1 The personality and Professional Aspects of Counselling
- 2.2 Personality and Background of the counselor-
  - a) Personal qualities of effective counselor
  - b) Maintaining effectiveness as Counselling
- 2.3 Professional Aspects of Counselling- a) Levels of helping
  - b) Professional Helping specialists
- 2.4 Attribution and systematic framework of Counselling

**Module Credit- 1**

**No of contact hour -15**

## **Module No 3 : Counseling Relationship**

- 3.1 Building Counselling Relationship-
  - a) Factor affects the Counselling process
  - b) Types of interview c) Counselling skills
- 3.2 Closing Counselling Relationship-
  - a) Function and Timing of closing b) Types of closing- i) Resistance to closing
  - ii) Primitive closing iii) Counselor initiated closing
- 3.3 Issues Related Closing

**Module Credit- 1**

**No of contact hour -15**

## **Module No : Application of Counseling**

- 4.1 Career Counselling- a) Importance and Scope b) Career Counselling for Adolescent
  - c) Career Counselling with college students d) Career Counselling with Adults
  - e) College Counselling
- 4.2 Marriage, Couple and Family Counselling-
  - a) Family life and family life Counselling

- b) Marriage, Couple and Family life Counselling
- c) The process of Marriage, Family life Counselling

**List of Reference Books :**

1. Gladding S. (2016) -Counselling- A Comprehensive Profession- 7<sup>th</sup>Edn.- Pearson Education
  2. Bhangale S. &Mahajan S. (2015)-Samupdeshan Manasshastra- Jalgaon- Prashant Publication
  3. Burnard P. (2009)- Counselling Skills Training –Viva Book- New Delhi
  4. Deshpande C. (2014)-SukshmaKaushalya- MasasshastriyaSamupadeshan- Pune- UmeshPrakashan
  5. Deshpande C. (2010)-Samupdeshan–ShastriyaPrakriyaAniUpyojna- Pune- UnmeshPrakashan
  6. Friedler M. and Dimond G. (2012) -Couple and Family Therapy In E.M.
  7. Gelso C.L. and Fretz C.R.(1995)- Counselling Psychology – Prism Books Pvt. Ltd. Banglore
  8. Narayan Rao S. (2002) Counselling Psychology- Tata McGraw-Hill Publication-New Delhi
  9. Patri V.R. (2001) -Counselling Psychology- 1<sup>st</sup>edn. Authors press-New Delhi
  10. Pawar and Choudhari (2004)-SamupdeshanManasshastra- Jalgaon- Prashant Publication
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**Detail Syllabus**  
**CBCS BA PART III SEMESTER VI**  
**DSE- XV GROUP-H**  
**TITLE OF THE PAPER / COURSE : Psychological Assessment**  
**(2211644)**  
**SEE-35 + CA- 15 = 50**

**COURSE CREDITS 03L+01T=04 COURSE CONTACT HOUR 60**

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Objective:

1. To Develop the ability to use various psychological tests in various situations
2. to provide the knowledge of application psychological test in various domain

Outcomes:

1. Learn to Develop the ability to use various psychological tests in various situations
  2. prepare the use of knowledge psychological test in various domain
- 

**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Intelligence Assessment**

1.1 Individual Test of Intelligence-

- a) Wechsler Scales of Intelligence
- b) Wechsler Subtest- Description and Analysis
- c) Stand ford- Binets Intelligence Scales- Fifth Edition

1.2 Group test for Intelligence-

- a) Multidimensional Aptitude Battery (MAB)
- b) Multilevel Battery- The cognitive ability test (Cog AT)
- c) Raven's Progressive Matrices (RPM)

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Aptitude and Achievement Assessment**

2.1 Aptitude Test-

a) Multitude Aptitude Test Batteries-

i) The Differential Aptitude Test

ii) The General Aptitude Test Batteries (GATB)

b) College Performance-

i) The Scholastic Assessment Test

ii) Medical college Admission Test

2.2 Achievement Test-

a) Education Achievement Test-

i) Iowa Test of Educational Development (LTED)

ii) Test of Achievement and Proficiency (TAP)

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Attitude, Interest and Values Assessment**

3.1 Attitude, Moral and Spiritual Tests-

a) Gratitude Questionnaire 6 Form (GQ6)

b) Moral Judgment Scale c) The Spiritual Well-Being Scale

3.2 Interest and Value Test- a) Study of Values b) Rokeach Value Survey

c) Strong Interest Inventory (SII) d) Kuder General Interest Survey

e) Vocational Preference Inventory (VPI)

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Personality Assessment**

4.1 Projective techniques- a) The Rorschach ink. Blot Test

b) Rotters Incomplete Sentence Blank

c) The Thematic Apperception Test (TAT) d) A Draw-A-Person Test

4.2 Personality Inventories-

a) Myers Brigg Type Indicator (MBTI)

- b) Sixteen Personality Factor Questionnaire (16PF)
- c) NEO Personality Inventory-Revised
- d) Minnesota Multiphasic Personality Inventory- 2(MMPI-2)-
  - i) Interpretation
  - ii) Technical Properties

**List of Reference Books :**

1. Gregory R.L. (2014)-Psychological Testing –History Principle and Applications 6<sup>th</sup>Edn. New delhi Pearson Pub.
  - 2.Aiken Lewin R. Growth Marnet G.(2016) Psychological Testing and Assesment– 12<sup>th</sup>Edn. Copyright
  3. Anastasi Anne and Urbina Susan (2003) Psychological Testing- 7<sup>th</sup>Edn. New Delhi Prentice-hall
  4. Barve B.N. and Narke H.J. (2008) ManomapanI- Nagpur-VidyaPrakashan
  - 5.Barve B.N. (2011) ManasshastriyaChachnya - Nagpur – VidyaPrakashan
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**Detail Syllabus**  
**CBCS BA PART III SEMESTER VI**  
**DSE- XVI GROUP-H**  
**TITLE OF THE PAPER / COURSE: Psychology Practical - Tests**  
**(2211645)**  
**SEE-35 + CA- 15 = 50**

**COURSE CREDITS 04**  
**HOUR 60**

**COURSE CONTACT**

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Objective:

1. To give Practical experience to student in use of inferential statistic technique and administering scoring and interpreting test
2. To encourage and guide the students undertake a small scale research project

Outcomes:

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**Module Credit- 1**

**No of contact hour -15**

**Module No 1 : Group A: Intelligence and Aptitude Assessment (Any two)**

1. Bhatia's Performance intelligence scale
2. Binet- Kamat Test of General Mental Ability
3. Finger OR Tweezers Dexterity Test
4. Mechanical Reasoning or Comprehension test

**Module Credit- 1**

**No of contact hour -15**

**Module No 2 : Group B: Attitude, Anxiety, Achievement and Interest Assessment (Any three)**

1. Social Maturity Scale
2. Sodhis Attitude Scale
3. Anxiety Scale
4. Kuder Preference Record
5. Study Habit

6. Achievement Motivation
7. Vocational Interest Inventory

**Module Credit- 1**

**No of contact hour -15**

**Module No 3 : Group C: Personality Assessment (Any three)**

1. Introversion- Extroversion Personality Test
2. Type A and Type B Personality Test
3. Neo- PI (R)
4. Sentence Completion Test
5. Stress Scale
6. General Well-Being Scale
7. Adjustment Inventory

**Module Credit- 1**

**No of contact hour -15**

**Module No 4 : Inferential Statistic**

**Statistical Problems-** 1. Pearson Product Movement Correlation 2.Independent 't' Test

**Statistics :**

1. Statistic is a part of practical paper. Teacher should conduct one lecture per week through the academic year for statistics and topics to be covered in the psychology practical paper XV and XVI.

**Guideline for Small or Dissertation Project :**

1. For project the student has carry out small scale research project on specified problem under the guidance of in-charge teacher and submit duly signed by HOD.
2. The project a sample at least minimum 30 subject should be taken.
3. Project Report should be Structured as Follows: -
  - a) Introduction

- b) Definitions of basic concepts
- c) Significance of the study
- d) Objective and Hypothesis
- e) Variables
- f) Sample and Methods
- g) Tools of data collection
- h) Statistical Analysis
- i) Results, Discussions, Conclusions
- j) Limitations and Suggestions
- k) References
- l) Appendix

4. The student should arrange a study tour any Mental hospital, General hospital, Central jail, Remand home, Correctional institute, Disabled schools, Rehabilitation center in any month of the academic year and submit study tour report before conducting practical examination of paper XV. The staff and non-teaching staff accompanying the students can claim TA/DA as per university rule.

### **Guidelines for the Conduct of Practical's**

1. There shall be two practical of eight Lectures per week per batch. Each batch should be consists of 10 students.

2. If the number of students exceeds even by 1, a separate batch should be formed for conduct of practical.

3. Eight experiment should be conducted for the list of experiments given in practical paper no. XV.

4. Eight test or scales should be administered from the list given of the test in practical paper no.XVI.

5. The concerned in-charge teacher should verify the completion of statistics, practical journal as well as project and study tour report and issues a completion certificate signed by the head of the department.

## **Evolution Scheme (for paper no XI and XVI)**

### **Continuous Assessments (CA) Practical examination – ( 50 Marks each )**

Practical paper no. XI -Seminar (15 Marks)

Practical paper no.XVI – Viva (15 Marks)

### **Semester End Examination (SEE)- Practical Examination ( 35 Marks each )**

1. Practical examination of practical paper no. X I and practical paper XVI will be held annually.
2. Final practical examination the number of student in any given batch should not exceed 10.
3. The duration of practical examination will be 3 clock hours for per Batch, which incorporate one experiment or psychological test and one statistical problem prescribed in syllabus.
4. A different statistical problems and separate question paper will be set for each batch of practical.
5. Practical examination of practical paper No. XI and XVI will be 35 Marks for each.
6. One external and one internal examiner must be appointed as per university rule.
7. Assessments of statistical problem and practical journal report should be done by external examiners.
8. journal, instructions and conduct, report writing, statistical problem and viva should be assessed by internal and external examiner. Average marks of two examiners should be taken in final assessment.
9. Scientific calculator will not be allowed in laboratory. The student should allowed simple arithmetic calculator for only solving statistical problems.
10. The Students should bring their subject for practical examinations (without subject of Psychology for spl.)
11. While appearing for the final (Annual) examination students must produce the fair journal duly completed and signed by the concerned in charge teacher and head of the department. Project report for college assessment should be submitted.
12. External examiner should allow student to appear for final examination only on producing the completion certificate of practical's.



13. Before conducting the examination the external examiner should confirm that the all guideline mention in the syllabus of practical's were strictly followed while demonstrating and conducting the practical's. The examiner should also see whether the number of practical's conducted as per specification given in the syllabus.

**The Structure of question paper no XI and XVI will be as follows:**

The students will asked Conduct / administered any one Expt. / Test allotted by examiner and write details reports on it.

The student will have to solve one statistical problem.

Draw neat diagram or graph if necessary.

Required Instruments/ Apparatus/ Material for Expt. / Test

(1)

(2)

(3)

(4)

(5)

Name and Signature

Internal Examiner (\_\_\_\_\_)\_\_\_\_\_

External Examiner (\_\_\_\_\_)\_\_\_\_\_

**The Scheme of Marking :-**

Paper No. XI – Psychology Practical's Experiments			Paper No. XVI- Psychology Practical's Tests		
Assessment	Title of Question	Mark's	Assessment	Title of Question	Mark's
SEE (35 Marks)	Practical Journal	10	SEE (35 Marks)	Practical Journal	10
	Statistical Problem	05		Statistical Problem	05
	Instruction and Conducting	05		Instruction and Conducting	05
	Practical Report Writing	10		Practical Report Writing	10
	Practical viva	05		Practical viva	05
CA (15 Marks)	Seminar	15	CA (15 Marks)	Project and Viva	15
	Total	50		Total	50

**List of Reference Books:**

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2. Anastasi, A. &Urbina, S. (2009). Psychological testing. N.D.: Pearson Education.
3. BanoSamina (2012) Experimental Psychology- (ICFAI) University Sens Pearson
4. Barlow D. & Durand M. (2011) Text Book of Abnormal Psychology- Frist India Edn.2011 Cen gage Learning.
5. Baron, Branscomb,ByrneBhardwaj (2010) Social Psychology 12<sup>th</sup>Edn. Pearson.
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**Chairman  
BOS in Psychology**

