



Shri Sangameshwar Education Society's
Sangameshwar College, Solapur [Autonomous]
(Affiliated to Purnashlok Ahilyadevi Holkar Solapur University, Solapur)
Kannada Linguistic Minority Institute
NAAC Accredited with 'A' Grade (III Cycle CGPA 3.39)

Sangameshwar College, Solapur [Autonomous]

1st Academic Council Meeting 2nd July, 2020

Academic Council 1(6)
2nd July, 2020

BA-I Credit Structure (To be implemented from A.Y. 2020-21)

Semester I : Duration 6 Months									
Teaching Scheme					Evaluation Scheme				
Sr. No.	Course	No. of Lectures	Hours	Credit	SEE	CA	Total Marks	Min Marks	Exam Duration (Hrs.)
1	AECC I	4	3.2	4	35	15	50	14+06=20	2
2	CGE I	4	3.2	4	35	15	50	14+06=20	2
3	DSC I	4	3.2	4	35	15	50	14+06=20	2
4	DSC I	4	3.2	4	35	15	50	14+06=20	2
5	DSC I	4	3.2	4	35	15	50	14+06=20	2
6	DSC I	4	3.2	4	35	15	50	14+06=20	2
Total		24	19.2	24	210	90	300	120	

Structure of Choice Based Credit System for Undergraduate Arts Programme

B.A.

B.A-I

Semester II : Duration 6 Months									
Teaching Scheme					Evaluation Scheme				
Sr. No.	Course	No. of Lectures	Hours	Credit	SEE	CA	Total Marks	Min Marks	Exam Duration (Hrs.)

1	AECC II	4	3.2	4	35	15	50	14+06=20	2
2	CGE II	4	3.2	4	35	15	50	14+06=20	2
3	DSC II	4	3.2	4	35	15	50	14+06=20	2
4	DSC II	4	3.2	4	35	15	50	14+06=20	2
5	DSC II	4	3.2	4	35	15	50	14+06=20	2
6	DSC II	4	3.2	4	35	15	50	14+06=20	2
Total		24	19.2	24	210	90	300	120	
Grand Total		48	38.4	48	420	180	600		

Student Contact Hrs. per week: 19.2 hrs.

Total Marks for B.A.I: 600marksLectures

: 48 Min.

Total Credit for B.A.I: 48

AECC: Ability Enhancement Core Course: (Compulsory Course)

CGE: Compulsory Generic Elective: (Candidate can opt any one course) STD / Marathi / Hindi / Kannada

DSC: Discipline Specific Core Course (Candidate can opt at least one course from each group)

Group A: Marathi / Hindi / English/ Kannada

Group B: History / Psychology

Group C: Geography / Political Science

Group D: Economics / Sociology

CCC Compulsory Civic Course: Democracy Election and Good Governance semester I

SDC:Non -Credit Self Study Course for semester II

Compulsory Course:

DEMOCRACY	200023 2	DEMOCRACY ELECTIONS AND GOVERNANCE
PHY EDU	200023 3	PHYSICAL EDUCATION



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2nd July, 2020

Faculty of Arts and Humanities
Department of Psychology
Program: B.A-I (SEM- I & II)
(CBCS Structure Syllabus w.e.f. June 2020)
Course DCS –I & II Group A Psychology
B.A. I Semester I and II

Title of the Course- DCS – I Group B - Psychology

Paper I: - Introduction to Psychology

- **Preamble :-**

Psychology is a behavioral science. It is introduced as a discipline Specific course at the B.A. Program. As a discipline, psychology specializes in the study of experiences, behaviors, mental and cognitive process of human beings within a social, cultural and historical context. This course includes the basic ideas, concepts, principles and research methods in psychology so as to enable the learners to understand themselves better.

The course deals with psychological knowledge and creates interest in students' learning psychology. The study of psychology provides personality development skills, learning skills, interpersonal relations etc. Psychology is of utmost need almost in every fields of life and helps to solve the problems of daily life.

The course provides a broad overview of psychology and helps to understand complexities of behaviour and developmental aspects of human.

- **Program Objective**

- To familiarize students with the basic psychological process.
- To enable the students to acquaint with the knowledge of terms, concepts, techniques and principles relating to the subject.
- To develop the ability to apply knowledge of contents and principles of psychology in new and unfamiliar situations.
- To prepare students to face various changes related to life and develop proper attitude towards them.

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- **Program Specific Outcomes**

- o Students can apply the psychological principles in their real life situations and to learn more effectively about life span development.
 - o Students to develop better physical, social, cognitive and personality perspectives.
 - o Students opting for competitive examinations are benefited.
- **Eligibility of the Course**
For admission into bachelor's degree of Arts one should pass higher secondary school certificate examination i.e. H.S.C. or 12th Arts, Commerce, Science or equivalent examination from a recognized board.
 - **Duration of the Course**
One year with two semester pattern.
Semester I (Six Months) & Semester II (six months)
 - **Medium of Instructions**
English / Marathi.
 - **Examination (40 Marks Theory + 10 Marks Internal)**

Structure of the Course

CBCS BA PART I SEMESTER I
DSC- I GROUP B - Psychology
PAPER I: Introduction to Psychology-I
(Theory 40 + Internal 10 = 50 Marks)

COURSE CREDIT:-3L + 1T/H=4 COURS CONTACT HOUR:- 48 L+ 12T/H=60

SR.NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1.	Introduction to Psychology.	1	15
2.	Biological Bases of Behaviour	1	15
3.	States of Consciousness.	1	15
4.	Motivation and Emotion.	1	15
	Total	04	60

(Maximum 4 MODULES)

CBCS BA PART I SEMESTER II
DSC- II GROUP B- Psychology-II
PAPER II- Fundamentals of Psychology
(Theory 40 + Internal 10 = 50 Marks)

COURSE CREDIT:-3L + 1T/H=4 COURS CONTACT HOUR :- 48 L+ 12T/H=60

SR.NO	MODULE	MODULE CREDIT	MODULE CONTACT HOURS
1.	Learning.	1	15
2.	Memory and Forgetting.	1	15
3.	Intelligence.	1	15
4.	Personality.	1	15
	Total	04	60

(Maximum 4 MODULES)

Detail Syllabus

CBCS BA PART I SEMESTER I

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DSC- I GROUP B– Psychology-I (2011111)

PAPER I: Introduction to Psychology

COURSE CREDIT :-04 COURSE CONTACT HOUR:-60

Objectives:

1. Familiarize student with science of psychology, and its biological base with application
2. Enable student with state of consciousness, motivation and emotional processes with its application.

Outcomes :

1. Student understand with science of psychology, and its biological base with application
2. Student able with state of consciousness, motivation and emotional processes with its application.

Module Credit 01

No. Of Contact Hours:- 15

Module No and Title :- 1 **Psychology as a Science**

1.1 Definitions of psychology, Modern Definition.

1.2 History of Psychology.

1.3 Major Perspectives of Psychology – Behavioural, Cognitive-Biological, Evolutionary, Developmental, Psychodynamic, Social and Cultural.

1.4 Major Subfields of Psychology – Clinical Psychology, Counseling Psychology, Developmental Psychology,
Educational Psychology, Experimental Psychology, Cognitive Psychology, Industrial / Organizational Psychology,
Psychobiology and Evolutionary Psychology, Social Psychology.

1.5 Research Methods in Psychology – Observation, Survey, Case Studies, Experimental.

Module Credit 01

No of Contact Hours :- 15

Module No and Title :- **2 Biological Bases of Behaviour.**

A) Basic structure.

B) Basic Functions.

2.2 The Nervous System -

A) Basic structure and functions.

B) The nervous system : its major divisions.

2.3 The Brain –

A) Brain stem.

B) The hypothalamus.

C) Thalamus.

D) Limbic System.

E) The cerebral cortex.

2.4 Endocrine System.

Module Credit 01

No of Contact Hours :- 15

Module No and Title :- **3 States of Consciousness.**

3.1 Meaning of Consciousness.

3.2 Sleep –

A) Stages of sleep.

B) Functions of sleep.

C) Sleep deprivation.

D) Sleep disorder

3.3 Dream –

A) Basic facts.

B) The functions and meaning of dream.

C) Day dreams.

3.4 Hypnosis –

A) How it is done and who is susceptible to it.

B) Contrasting views (Theories) about hypnosis nature.

C) Applications of hypnosis

Module Credit 01

No of Contact Hours :- 15

Module No and Title :- 4 **Motivation and Emotions.**

4.1 Motivation – Definition.

4.2 Theories of motivation.

4.3 Types of motivation.

A)Hunger.

B)Sexual Motivation.

C)Aggressive Motivation.

D)Achievement Motivation.

E)Intrinsic Motivation.

4.4 Emotion –

A)Definition.

B)The Nature of Emotions.

C)Some Contrasting Views.

D)The Biological Basis of Emotions.

E)External Expression of Emotions.

4.5 Subjective Well-Being – Suggestion of Happiness

List of Reference Books :-

- 1) Atkinson and Hilgards : Introduction to Psychology : 14th Edition, Thomson International Edition.
- 2) Morgan C.T. King, Weisz and Schopler (1994) : Introduction to Psychology 7th Edition, Tata-McGraw Hill, International Edition.
- 3) Lahey Benjamin B. (1998) : Psychology : An Introduction, 14th Edition (6th Reprint 2003) Tata-McGraw Hill Edition.
- 4) Hirve, Tadsare : SamanyaManasshastra: Kolhapur, PhadakePrakashan.
- 5) Pandit, Kulkarni, Gore (1999) : SamanyaManasshastra: Nagpur, Pimpalpure and publishers.
- 6) Sunil Sontakke, Uttamrao Bhosale, Anant Kulkarni (2007) : SamanyaManasshastra: Solapur, AksharlenePrakashan.
- 7) Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.

Detail Syllabus
CBCS BA PART I SEMESTER II

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DSC- II GROUP B

PAPER II: Fundamentals of Psychology-II (2011211)

COURSE CREDIT: $3L+0IT=4$ COURSE CONTACT HOUR:- 60

(Theory 40+Tutorials 10 = 50 Marks.)

Objectives:

1. Acquaint student with learning and memory process
2. Prepare student understand intelligence and personality process

Outcomes:

1. Clarify student with learning and memory process
2. learn student intelligence and personality process

Module Credit 01

No. Of Contact Hours:- 15

Module No and Title :- 1 Learning -

- 1.1 Definition of learning.
- 1.2 Classical Conditioning.
 - A) Pavlov's early work on Classical Conditioning.
 - B) Some Basic Principles – Acquisitions.
Extinction, Generalization and Discriminations.
 - C) Applications of Classical Conditioning principle to human behaviour.
- 1.3 Operant Conditioning :-
 - A) Thorndike's Law of Effect.
 - B) Skinners basic Operant Conditioning.
 - C) Nature of Operant Conditioning.
 - D) Some Basic principles of Operant Conditioning - Shaping and Chaining, Role of rewards and effect of

procrastinations, Schedule of reinforcement, Concurrent schedule of reinforcement and the matching law, Stimulus control of behaviour.

Applications of Operant Conditioning to human behaviour

Module Credit 01

No. Of Contact Hours:- 15

Module No and Title :- 2 Memory and forgetting.

2.1 Memory –

A) Process of memory.

2.2 Stages of Memory –

A) Sensory memory.

B) Short term (working) memory.

C) Long term memory.

D) Types of memory – Declarative, Procedural, Semantic, Episodic, Implicit, Explicit, Flashbulb and Autobiographical memory.

2.3 Forgetting –

A) Ebbinghaus and forgetting curve.

2.4 Causes of Forgetting – Encoding failure, Decay theory, Interference theory.

Module Credit 01

No. Of Contact Hours:- 15

Module No and Title :- 3 Intelligence –

3.1 Definitions.

3.2 Theories of Intelligence -

A) Gardner's Theory of Multiple Intelligence.

B) Sternberg's Triarchic Theory : The Value of Practical Intelligence.

C) Cattell's Theory of Fluid and Crystallized Intelligence.

3.3 Measurement of Intelligence.

3.4 Emotional Intelligence –

Major Components of Emotional Intelligence.

Module No and Title :-4Personality -

4.1 Definition.

4.2 Psychoanalytic Approach.

A)Freuds theory of personality.

B)Jungs.

C)Karen Horney and Alfred Adler.

4.3 Humanistic Theories –

A)Rogers Self theory.

B)Maslow theory of personality.

4.4 Trait Theories –

A)Allport and cattell.

B)The “Big five” factor.

4.5 Measuring Personality.

A)Self Report Test.

B)Projective Measures.

Books for Study.

- 1) Robert A Baron (2011) : Psychology : 5thEdn.Eleventh impression, New Delhi - Pearson Education.
- 2) Robert S. Feldman (2002) : Understanding Psychology. 4thEdn. (5th Reprint), New Delhi, Tata-McGraw Hill Publishing Company Limited.
- 3) Saudric K. Ciccareli and Gleali F. Meyer (2012) : Psychology : South Asian Edn. 5th Impression. New Delhi - Pearson Education.

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- a. Atkinson and Hilgards : Introduction to Psychology : 14th Edition, Thomson International Edition.
- b. Morgan C.T. King, Weisz and Schopler (1994) : Introduction to Psychology 7th Edition, Tata-McGraw Hill, International Edition.
- c. Lahey Benjamin B. (1998) : Psychology : An Introduction, 14th Edition (6th Reprint 2003) Tata-McGraw Hill Edition.
- d. Hirve, Tadsare :SamanyaManasshastra: Kolhapur, PhadakePrakashan.
- e. Pandit, Kulkarni, Gore (1999) :SamanyaManasshastra: Nagpur, Pimpalpure and publishers.
- f. Sunil Sontakke, Uttamrao Bhosale, Anant Kulkarni (2007) :SamanyaManasshastra: Solapur, AksharlenePrakashan.
- g. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.

Chairman
BOS in Psychology
